



Science. Compassion. Action

Multi-disciplinary Program

Scan to register



Dealing with Depression in Rural Australia Blended

Audience

Multi-disciplinary;
Counsellors;
GP Registrars;
GPs;
Mental Health Nurse;
Psychologists;
Social Workers.

Description

Depression is a common condition frequently managed in primary care. Identifying and managing depression in a rural context presents a unique set of challenges for health professionals providing mental health care in their communities.

Dealing with Depression in Rural Australia is a highly interactive, multidisciplinary program developed specifically to address the needs of clinicians delivering health care for people presenting with depression in a rural setting.

Duration & Format

Total: 7.5 hours
Module 1: (1.5-hours)
Self-directed learning
Module 2: (3-hours)
Online interactive zoom session
Module 3: (2-hours)
Online interactive zoom session

Using a case-based problem solving format, the program outlines a practical framework for assessment and management planning readily applicable to primary care.

Topics

Topic 1:
Assessment
Topic 2:
Diagnosis
Topic 3:
Management

Learning Outcomes

- Differentiate between the differing sub-types of clinical depression
- Recognise the contribution of biological, social and psychological factors to the current depressive episode
- Assess and manage risk in the depressed patient
- Select pharmacological treatment best suited to the individual patient
- Develop a comprehensive mental health treatment plan derived from the formulation of the depressive episode

Accreditation

- 7.5 CPD hrs incl. 5 hrs Educational Activity & 2.5 hrs Reviewing Performance (RACGP & ACRRM)
- Mental Health Skills Training (GPMHSC)

Time, Location, Cost

Monday, 18 May 2025
9:00AM – 3:00PM (AWST)
Online via zoom
Western Australia
FREE – This event is supported by WA Primary Health Alliance

This workshop is eligible for one day of funding under the Emergency Medicine component of the Rural Procedural Grants Program (GPs)



Register online or at education@blackdog.org.au

