# Activity Snapshot 2024-2025







More than

\$233m invested and 290 services funded to improve the health and wellbeing of Western Australians.



#### Mental health



\$97.1m invested



**27,655** clients received mental health support from commissioned services through **199,880** occasions of service.\*

**57%** of all clients† demonstrated significant improvement in non-specific psychological distress scores.



**6,596** phone calls to the Medicare Mental Health phone service in WA.



797 young people using digital mental health platform MOST, with 66% of those awaiting face-to-face care.



**9,745** young people accessed one of **21 headspace** services across WA through **53,941** occasions of service.



**2,573** people visited one of WA's five Medicare Mental Health Centres, with **16,268** sessions of support delivered.



**1.3** million views of our Depression Starts Small campaign to raise awareness of the early symptoms of depression and promote help seeking behaviours.

\*An occasion of service (service contact) is defined as the provision of a service by a PHN commissioned service provider for a client where the nature of the service would normally warrant a dated entry in the clinical record of the client.
†with a valid clinical tool at start and end of episode. Excludes headspace.

#### Suicide prevention

439 health professionals

undertook the GP Management of Patient Depression and Suicidality program of modules and workshops. 136 health professionals

upskilled in managing and treating depression and suicidality through 16 courses from the Black Dog Institute.

185 community training courses

in suicide prevention provided.

### Alcohol and other drugs



\$13.6m invested



**34%** of all clients\* reported a reduction in primary drug of concern use.



**3,399** clients received support from commissioned alcohol and other drugs services through **21,375** occasions of service.



41% of all clients\* reported an improvement in their physical health.

**51%** of all clients\* reported an improvement in mental health.

\*with a valid clinical tool at start and end of episode.

#### Aboriginal health



\$23.7m invested



**5,516** Aboriginal clients accessed Integrated Team Care through **68,490** occasions of service. Care coordination made up **47,610** services clients received.

This service supports Aboriginal people with chronic conditions to access the health care they need.



**2,326** Aboriginal clients received support from commissioned mental health services through **19,500** occasions of service.



**53%** of Aboriginal clients accessing mental health services demonstrated significant improvement in non-specific psychological distress scores.



**907** Aboriginal clients received support from commissioned alcohol and other drugs services through **5,208** occasions of service.



**29%** of Aboriginal clients\* reported a reduction in primary drug of concern use.



**33%** of Aboriginal clients\* reported an improvement in their physical health.



43% of Aboriginal clients\* reported an improvement in mental health.

\*with a valid clinical tool at start and end of episode.



156 GPs and practice staff completed Aboriginal cultural competency online learning.

#### Clinician Assist



42 clinical and referral pathways revised and 6 new pathways created, providing GPs and other health professionals with guidance for assessing, managing and referring patients.

Our Clinician Assist WA website received over **368,500 views**\*.

\*From launch of Clinician Assist WA August 2024.

## Endometriosis and pelvic pain clinics



**363** patients seen across WA's two pelvic pain and endometriosis clinics in Murdoch and Albany.

#### **Aged Care**





**2,148** clients accessed care finders, a service supporting vulnerable older people to navigate the aged care system, with **14,524** care finders services delivered.

#### care finders

99% of clients\* reported improved understanding of aged care services and how to access them.

100% of clients\* felt more open to engage with the aged care system.

**98%** of clients\* reported that care finders helped them to access aged care and other supports that were appropriate to their needs.

\*232 survey responses.

#### Greater Choices - Palliative Care Champions



**general practices** took part in the Palliative Care Champions project, building advance care planning and palliative care capacity and capability in general practice.



5% increase in the number of advance care plans across those practices.

GP confidence in undertaking advance care planning at participating practices rose from 69% to over 90%

#### On-call after hours GP support in aged care - Geraldton



telehealth consultations and 124 face-to-face visits were provided through GP after hours support in residential aged care homes in Geraldton.

The service allows residents to be safely managed in their own care settings and prevents unnecessary transfers to hospital.

#### **Population health**



invested

#### **Immunisation &** cancer screening



**513** views of our immunisation education webinars keeping GPs and practice staff up to date on latest guidance and information.

**25** practice visits to offer education on immunisation and cancer screening.



**5,526** patients accessed our regionally-based Integrated Chronic Disease Care services through **60,308** occasions of service.

#### Medicare Urgent Care Clinics



**118,534** presentations across WA's eight Medicare Urgent Care Clinics.

48% of patients would have otherwise gone to an emergency department.

**6% of patients** referred to an emergency department.



8,289 visits to our SHAPE website and 40 participants completed online training to support person-centred weight management in primary care.

#### Supporting general practice



**\$9.1m** investment targeting GPs including individual support, digital integration and enhanced practice support programs.

Tailored support provided to more than **260 general practices across WA**, including over **6,500 quality improvement activities**, with a focus on strengthening chronic disease management, preventative health and practice outcomes aligned to the Quintuple Aim.



**678 general practices** and over **290,000 patients** in WA registered for MyMedicare, designed to provide continuity of care through formalising the relationship between patients, their general practice, general practitioner, and primary care teams.

#### **Practice Assist**



**49,366** contacts to our no cost Practice Assist service, providing advice, resources and education to help strengthen general practice across WA.

**100,830** individual visitors to our Practice Assist website.

### Digitally enabling general practice



**526** WA general practices enrolled in Primary Sense, a population health management, clinical decision support and data extraction tool that helps GPs deliver the right care to patients at the right time.

More than **19,000** care prompts and **1,500** mediction safety alerts triggered per month, providing real-time information to help GPs make informed decisions and coordinate care during a consultation.

#### Health workforce



**80** educational events helped to build capacity in primary care.

**1,174** participants in our online and face-to-face training events.



**15,863** activities undertaken by non-dispensing pharmacists in general practice.

**96% of patients\*** agreed it was helpful to discuss their medications with the non-dispensing pharmacist.



17 nurse practitioners placed in 14 general practices as part of the Nurse Practitioner and Team-Based Primary Care Pilot run in partnership with WA Department of Health.

Over an 8-month period, patients spent a total of **2,671** hours with a nurse practitioner at no cost to them.

**96% of patients** seen were confident in the skills and knowledge of the nurse practitioner.

\*451 survey responses.

#### Disclaimer

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