

MENTAL HEALTH SERVICES

Service Program | Provider

Integrated Primary Mental Health Care | Centrecare

Service Delivery Area

Goldfields-Esperance Region

Eligibility Criteria

People aged 6 and over with, or at risk of, mental health conditions who are unable to equitably access MBS treatments (at no cost) and who can be safely managed in the primary care setting. Also, must be:

- Low income, financial difficulty, or job insecurity
- Social isolation
- Limited personal resources to access/use alternative care; not accessing other mental health services
- Experiencing locational disadvantage
- Are not currently in crisis or require urgent assistance.

Description

Provides clinical care coordination for people with severe and complex mental illness. Works alongside individuals and GPs to ensure a personcentred recovery- oriented approach to care planning, coordination and connection to health care and support (GP referral required).

Provides structured psychological treatment services for people with, or at risk of, mild to moderate mental health concerns, including low intensity evidence-based interventions (GP/Agency/Self referral) and psychological therapies (GP referral required) via face-to-face and telehealth sessions.

Contact Details

P: (08) 9080 0379

E: enquiries@goldfieldsmentalhealthportal.com.au W: https://www.centrecare.com.au/rural-services/mental-health-services-rural/goldfields-integrated-primary-mental-health-care



MENTAL HEALTH SERVICES

Service Program Provider	headspace - Kalgoorlie Centre & Esperance Centre Hope Community Services	
Service Delivery Area	Kalgoorlie and Esperance	
Eligibility Criteria	 Young people aged 12-25 years who are a) at risk of developing mental health, physical health, and/or drug and alcohol problems; or b) showing early signs of mental health, physical health, and/or drug and alcohol problems. 	
Description	Ensuring young people (12–25-year-olds) can access expert health workers in a safe, confidential and youth-friendly environment. headspace can help young people with mental health, physical health (including sexual health), alcohol and other drug services, and work and study support.	
Contact Details	Kalgoorlie – P: 1300 467 392 E: headspace.kal@hopecs.org.au W: headspace Kalgoorlie Youth Mental Health Centre & Services	
	Esperance – P: 1300 467 392 E: headspace.e@hopecs.org.au W: headspace Esperance Youth Mental Health Centre & Services	
Service Program Provider	Psychological Therapy Services into RACFs – Centrecare	
Service Delivery Area	Goldfields	
Eligibility Criteria	This program is designed to support the mental health needs of all eligible residents living in RACFs with mild to moderate symptoms of mental illness, regardless of how long they have been residing there. The description includes, but is not limited to: Residents experiencing adjustment disorders or abnormal grief and loss symptoms during transitions Those with mild to moderate anxiety and/or depression Residents with a history of mental illness whose care was disrupted upon entering aged care Individuals affected by trauma or elder abuse Residents with co-occurring mental illness and/or cognitive decline or dementia	
Description	For residents of aged care facilities with a diagnosed mental illness, or at risk of developing a mental illness. Provides psychological therapy and low intensity services delivered by qualified mental health staff, either face-to-face or by telehealth.	

Contact Details

P: (08) 9080 0333
E: enquiries@centrecare.com.au W: https://www.centrecare.com.au/



MENTAL HEALTH SERVICES

Service	Program
Provide	r

Mental Health Care Management for Aboriginal People | Ngaanyatjarra Health Services

Service Delivery Area

Ngaanyatjarra Lands

Eligibility Criteria

No age limit. For Aboriginal and Torres Strait Islander people who are experiencing mental health issues; and need support with disorders with medication regimes. Mental Health Nurse also provides community group programs, one to one and family counselling services.

Description

For Aboriginal and Torres Strait Islander people who require

- Person-centred and client focused therapeutic approach to delivering recovery-oriented, evidence-based care to Aboriginal people with severe mental illness which is culturally secure;
- b) Ongoing assessment for Aboriginal people who have severe mental illness;
- c) Effective coordination of services for people with severe mental illness in partnership with key human service agencies. This could include maintaining links and undertaking case conferencing with GP's, psychiatrist and allied health workers, including arranging access to interventions from other health professionals; and

This program builds relationships with the Aboriginal person, their family, carers and the community.

Contact Details

Ngaanyatjarra Health Services Perth Office.

P: 08 6200 1200

E: info@nghealth.org.au

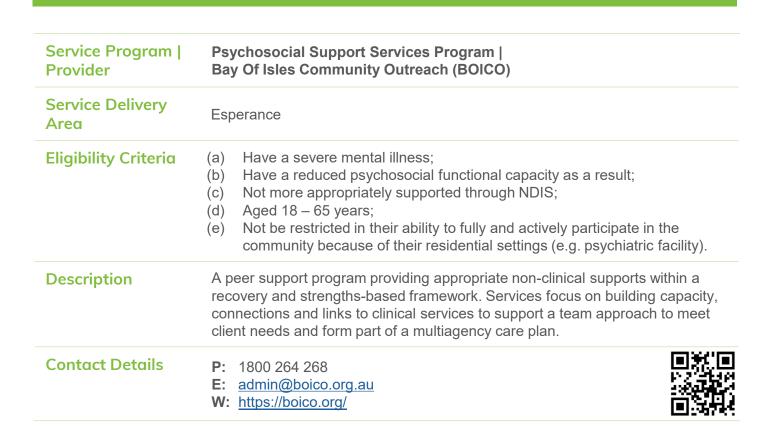
W: https://www.ngaanyatjarra.org.au/our-services/health/





MENTAL HEALTH SERVICES

Service Program Provider	Psychosocial Support Services Program Ngaanyatjarra Health Services
Service Delivery Area	Ngaanyatjarra Lands
Eligibility Criteria	Support people with a severe mental illness and associated psychosocial functional impairment who are not more appropriately supported through the National Disability Insurance Scheme (NDIS); and reduce the avoidable need for more intense and acute health services and enhance appropriate/optimal use of the health system.
Description	Appropriate non-clinical supports are provided using a recovery and strengths-based framework. Services focus on building capacity, connections and links to clinical services to support a team approach to meet client needs and form part of a multiagency care plan.
Contact Details	Ngaanyatjarra Health Services Perth Office. P: 08 6200 1200 E: info@nghealth.org.au W: https://www.ngaanyatjarra.org.au/our-services/health/



MENTAL HEALTH SERVICES

Service Program | Provider

Psychosocial Support Services Program | 360 Health and Community

Service Delivery Area

Goldfields, Midwest, Perth-North Regions

Eligibility Criteria

The Program is designed to support people with severe, often episodic, mental illness who:

- (a) have needs that can be appropriately met through short-term, low intensity support to live independently in the community, as determined through a capacity and strengths-based assessment tool
- (b) are not restricted in their ability to fully, and actively, participate in the community because of their residential setting (e.g. prison or a psychiatric facility)
- (c) are not receiving similar psychosocial supports through a state or territory government program or the NDIS, where there is potential for duplication of service offerings However, individuals who have been found eligible for the NDIS but have not activated their plan or where there are no NDIS service providers in the region, should continue to be supported until these NDIS services actually commence, and
- (d) are aged 16 years and over, noting exceptions can be made for people aged less than 16 years subject to approval by the PHN. There is also no upper age limit for the Program, as long as there is no duplication of service offering for individuals.

Description

A peer support program providing appropriate non-clinical supports within a recovery and strengths-based framework. Services focus on building capacity, connections and links to clinical services to support a team approach to meet client needs and form part of a multiagency care plan.

Contact Details

P: 1300 706 922 **E:** <u>info@360.org.au</u>

W: https://www.360.org.au/locations/country/kalgoorlie/





MENTAL HEALTH TELEHEALTH SERVICES

Service Program Provider	Mindspot GP Macquarie University Health
Service Delivery Area	Statewide
Eligibility Criteria	 People aged 16 years and over who may benefit from short-term, low intensity Cognitive Behaviour Therapy (iCBT) delivered online or via telephone with therapist guided courses. To be eligible, MindSpot GP patients must be: (a) (a) experiencing mild- moderate anxiety, depression, chronic pain, insomnia, distress secondary to a chronic health condition, or substance use concerns (b) (b) experiencing financial or geographic hardship and unable to afford or access an alternate provider (c) (c) referred by a GP or IPMHC Provider (no Mental Health Treatment Plan is required) (d) (d) Not in crisis or requiring urgent assistance (e) GPs can refer via their Best Practice or Medical Director Software (supplied templates) or using our webform located at https://www.mindspot.org.au/mindspot-gp/
Description	Free, evidence-based assessment and treatment available online and by telephone to residents of WA aged 16+ to help manage mild-moderate anxiety, depression and substance concerns. Once successfully referred by GP/other service, individuals can access online features 24/7, with registered mental health professionals support available 9am – 5pm weekdays.

MindSpot GP program does not provide an emergency or instant response

Contact Details

P: 1800 614 434

service.



Service Program	Medicare Mental Health Assessment and Referral Phone Service
Provider	Amplar Health
Service Delivery Area	Statewide
Eligibility Criteria	All ages – for mental health assessment & referral
Description	The Head to Health Assessment and Referral Phone Service provides state- wide access to telephone-based assessment and referral to match people to services to meet their mental health needs. The service undertakes a standardised assessment to identify an individual's required level of care and facilitates referral to an appropriate community-based and/or digital mental health service.
Contact Details	Monday – Friday 8:30am - 5:00pm (including Public Holidays) P: 1800 595 212

MENTAL HEALTH TELEHEALTH SERVICES

Service Program Provider	Peer Pathways Consumers of Mental Health WA (CoMHWA)
Service Delivery Area	Statewide
Eligibility Criteria	Individuals with lived or living experience of mental health challenges, or experience caring for someone with those challenges.
Description	A free, confidential, state-wide helpline for all West Australians with mental health challenges to find the supports needed to promote mental and physical wellbeing. The Peer Pathways project aims to bridge these gaps and provide information, assistance and service navigation support. The program will deliver tailored, holistic, person-centred support to all callers.
Contact Details	Monday to Friday 9 am to 5 pm (excluding public holidays) P: 08 9477 2809 W: https://peerpathways.org.au/

ALCOHOL & OTHER DRUGS SERVICES

Service Program Provider	The Substance Misuse Programme Ngangganawili Aboriginal Community Controlled	
	Health and Medical Services Aboriginal Corporation	
Service Delivery Area	Wiluna	
Eligibility Criteria	To be a person eligible to receive Services under the Activity (an Individu person must be: (a) (At risk of) homelessness; and/or (b) (At risk and management of) mental health issues and/or (c) Aboriginal and/or Torress Straits Islander; and/or (d) AOD misuse.	al), the
Description	The program provides counselling to improve access to drug and alcohol treatment and rehabilitation services to the Aboriginal and Torres Strait Is (ATSI) communities in the Wiluna and surrounding areas. The focus will be women and families with co-occurring conditions of mental illness and substance use. It will provide the community with a holistic social and cult appropriate service including confidential counselling, case management intervention, solution focused brief intervention and psycho-education. It is also provide community activities to promote healthy lifestyle, improved he literacy and group activities to promote connection to country, community family.	slander be on turally c, crisis will ealth
Contact Details	Monday – Friday 8:30am -4:30pm	

P: 9981 8600

E: info@nahs.org.au

W: General Practice » Ngangganawili Aboriginal Health Service



ALCOHOL & OTHER DRUGS SERVICES

Service Program | Provider Residential Drug and Alcohol Treatment Services
Outreach Program | Goldfields Rehabilitation Services Inc

Service Delivery Area

Kalgoorlie, Kambalda and Coolgardie

Eligibility Criteria

To be a person eligible to receive Services under the Activity (an Individual), the person must be:

- (a) 18 years and above; and
- (b) At risk and managing alcohol and drug abuse/misuse; and
- (c) At risk and managing mental health issues.

Description

This program will work with people, including Aboriginal people, to provide individual case management services to improve the access to individual counselling and other professional services for people who have problematic alcohol and substance use issues and mental health issues. This outpatient outreach service provides case management focusing on problems that underly drug and alcohol addiction and relapse prevention. This service increases access rates, maximising the number of people receiving evidenced based drug and alcohol treatment interventions and management. The program provides physical, mental, emotional, social, and spiritual wellbeing via medical treatment, individual and group counselling, education, psychological therapies, and group support during and after treatment. GRSI outreach services aims to reduce alcohol and drug related harm to the Individual and the broader community and assist them to recover on country in a safe and culturally appropriate environment.

Contact Details

Monday - Friday 8:30am-4:30pm

P: 9021 4732

E: admin@grsi.org.au
W: https://grsi.org.au/



CHRONIC DISEASE SERVICES

Service Program	
Provider	

Integrated Team Care | HOPE Community Services

Service Delivery Area

Kalgoorlie, Kambalda, Coolgardie, Menzies, Leonora and Laverton

Eligibility Criteria

Aboriginal and Torres Strait Islander people who:

- (a) is enrolled for chronic condition management in a general practice or an ACCHS
- (b) have a GP Management Plan (within 3 months of referral) and
- (c) be referred by their GP
- (d) Require care coordination support to manage their chronic condition associated healthcare needs and improve capacity for ongoing self-management.

Description

Assists Aboriginal and Torres Strait Islander people to obtain primary health care as required. Provides care coordination services to eligible Aboriginal and Torres Strait Islander people with chronic disease/s who require coordinated, multidisciplinary care, and improve access to culturally appropriate mainstream primary care.

Contact Details

P: 1300 467 392

E: receptionkalgoorlie@hopecs.org.au

W: https://hopecommunityservices.org.au/services/



CHRONIC DISEASE SERVICES

CHRONIC DISEASE SERVICES		
Service Program Provider	Integrated Chronic Disease Care Amity Health Ltd	
Service Delivery Area	Esperance, Ravensthorpe, Hopetoun and Norseman	
Eligibility Criteria	a) aged 18 years or over (b) Referred to the Service by a General Practitioner, Nurse Practitioner or Remote Area Nurse, with provision of a GP Management Plan for their chronic condition prior to enrolment in the service (c) Diagnosis of at least one of the below priority chronic conditions: (i) Cardiovascular condition such as chronic heart failure (CHF) (ii) Respiratory condition such as Chronic Obstructive Pulmonary Disease (COPD) (iii) Diabetes - Type I Diabetes; or Type II Diabetes; or Latent Autoimmune Diabetes in Adults (LADA); or Maturity Onset Diabetes of the Young (MODY) (iv) Morbid Obesity (BMI 40+) (d) Require care coordination support to manage their chronic condition associated healthcare needs and improve capacity for ongoing self-management.	
Description	Care Coordination, Cardiac Group Classes ,Diabetes Education and Dietetics services for socio-economically disadvantaged people with diabetes, chronic respiratory or chronic cardiac conditions, or morbid obesity. Aims to improve self-management and health outcomes via client driven assessment, goal setting, health education, skill development, linkage with community supports. Provided by health professionals in a clinic setting.	
Contact Details	P: 9842 2797 E: query@amityhealth.com.au W: https://www.amityhealth.com.au/	
Service Program Provider	ATSI Chronic Conditions Program Ngaanyatjarra Health Services	
Service Delivery Area	Ngaanyatjarra Lands	
Eligibility Criteria	 (a) Eligibility and Target Group (1) Mandatory Criteria To be a person eligible to receive Services under the Activity (an Individual), the person must be: (a) Diagnosed with or at risk of developing a chronic condition; and/or (b) Diagnosed as chronic diabetic; and/or (c) Diagnosed with respiratory condition. 	
Description	Clinical care coordination for vulnerable and disadvantaged persons who have a chronic condition such as diabetes, and/or respiratory disease. The program aims to improve health outcomes by promoting improved health literacy, consumer education and the development of self-management plans.	
Contact Details	Ngaanyatjarra Health Services Perth Office. P: 08 6200 1200	

E: info@nghealth.org.au

W: https://www.ngaanyatjarra.org.au/our-services/health/

CHRONIC DISEASE SERVICES

Service Program Provider	Integrated Chronic Disease Care 360 Health and Community Ltd
Service Delivery Area	Kalgoorlie, Kambalda, Coolgardie, Menzies, Leonora and Laverton
Eligibility Criteria	 (a) Aged 18 years or over (b) Referred to the Service by a General Practitioner, Nurse Practitioner or Remote Area Nurse, with provision of a GP Management Plan for their chronic condition prior to enrolment in the service (c) Diagnosis of at least one of the below priority chronic conditions: (i) Cardiovascular condition such as chronic heart failure (CHF) (ii) Respiratory condition such as Chronic Obstructive Pulmonary Disease (COPD) (iii) Diabetes - Type I diabetes; or Type II diabetes; or Latent Autoimmune Diabetes in Adults (LADA); or Maturity Onset Diabetes of the Young (MODY) (iv) Morbid Obesity (BMI 40+) (d) Require care coordination support to manage their chronic condition associated healthcare needs and improve capacity for ongoing self-management.
Description	Care Coordination and Allied Health services for socio-economically disadvantaged people 18 years+ with diabetes, chronic respiratory conditions, chronic cardiac conditions, or morbid obesity. Aims to improve self-management and health outcomes via client driven assessment, goal setting, health education, skill development, linkage with community supports. Provided by health professionals in a clinic setting.
Contact Details	P: 1300 706 922 E: info@360.org.au W: https://www.360.org.au/locations/country/kalgoorlie/

CHRONIC DISEASE SERVICES - TELEHEALTH

Service Program Provider	Telehealth for Country WA Diabetes WA
Service Delivery Area	Regional WA
Eligibility Criteria	Diagnosed with Type 1 or Type 2 and gestational Diabetes Aged over 16 years Living in regional WA No wrong door for referrals.
Description	A free telehealth service for people living in regional WA with diabetes. The service provides clinical education and support via all forms of telehealth including videoconferencing and phone calls with a credentialed diabetes educator. Referrals can be made by health professionals or by self-referral. The service is funded outside of Medicare, so appointments do not count towards the five allied health visits accessed through a GP Management Plan and Team Care Arrangement
Contact Details	P: 9436 6241



CHRONIC DISEASE SERVICES - TELEHEALTH

Service Program Provider	Diabetes Connect for Country WA Diabetes WA
Service Delivery Area	Regional WA
Eligibility Criteria	GPs, GP registrars (including at Aboriginal Community Controlled Health Services) in Regional WA.
Description	A free telephone support service (also provides virtual multidisciplinary case conferencing opportunities) for GPs in regional WA to access timely specialist advice across all diabetes types, including diabetes in pregnancy. The Diabetes Connect team includes a Consultant Endocrinologist, Credentialled Diabetes Educators and an Aboriginal Health Practitioner.
Contact Details	Monday to Friday, 8:30am to 4:30pm (excluding Public Holidays) with Endocrinologist available for 4 x 4-hours sessions per week. P: 9436 6270 E: diabetesconnect@diabeteswa.com.au W: https://www.diabeteswa.com.au/diabetes-connect-for-country-wa/ Bookings can be made online at: Diabetes Connect: a service for GPs and NPs

Service Program Provider	Asthma & Chronic Obstructive Pulmonary Disease Telehealth Service Respiratory Care WA
Service Delivery Area	Regional WA
Eligibility Criteria	 (a) All ages (b) Self-referral okay (c) Must be living in regional WA (d) Must be diagnosed with, or at risk of developing asthma or Chronic Obstructive Pulmonary Disease (COPD) (e) Must be an Australian resident OR A health professional who provides service in regional WA
Description	A free telehealth service for people living in regional WA with asthma or Chronic Obstructive Pulmonary Disease (COPD), providing clinical support and education for both individuals and health professionals. People diagnosed with Asthma or COPD can refer themselves for free telehealth sessions with a respiratory health nurse or educator for support to manage their condition.
Contact Details	P: 08 9289 3600 E: ask@respiratorycarewa.org.au W: https://respiratorycarewa.org.au/





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