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headspace coming to Manjimup

Young people living in and around Manjimup will soon be able to access youth-friendly support services closer to home with a headspace centre expected to open by the end of 2025.

headspace Manjimup will provide the full range of headspace services including mental health, physical and sexual health, work and study support and alcohol and other drug services.

As the operator of WA's three Primary Health Networks, WA Primary Health Alliance will be coordinating the tender process and supporting the successful provider to establish the centre.

Comments attributed to Assistant Minister for Mental Health and Suicide Prevention; Rural and Regional Health, Emma McBride:

"We know that there has been a rise in mental ill-health amongst young people.

"That's why we're expanding the headspace network so every young person can access the mental health care they need, close to home.

"The new Manjimup headspace will join a national network of headspace services, including 89 other regional locations."

Comments attributed to WA Primary Health Alliance Executive General Manager Commissioned Services, Mark Cockayne:

"headspace plays an important role in equipping young people with the skills they need to manage their mental and physical health, supporting them not only now, but into their future.

"WA Primary Health Alliance will be working closely with the local community and other key stakeholders to ensure the service will meet their needs and is well integrated with other services within the community."

Comments attributed to headspace CEO, Jason Trethowan:

"Never has it been more important that young people have access to timely and youth friendly mental health support, when and where they need it.

"Combined with headspace's growing suite of digital services, such as eheadspace, this new location will make it easier for young people in and around Manjimup to get the help they need," he said.

This activity has been made possible through funding provided by the Australian Government under the PHN Program

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About Us: WA Primary Health Alliance shapes, strengthens and sustains primary health care through partnerships and strategies that improve people's access and health outcomes. As the operator of WA's three Primary Health Networks – part of the Australian Government national PHN program – we help communities and people most at risk of poor health to get better access to care closer to home. We achieve this by supporting general practice to deliver the highest quality patient care, funding local primary health care services based on community needs and connecting local services to simplify the health care system. Along with our strong partnerships, our statewide structure allows us to deliver better health, together for the benefit of the WA community. For more information, visit www.wapha.org.au

About headspace

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12–25-year-olds. headspace has 161 centres across Australia in metropolitan, regional and remote areas, as well as online and phone support services through eheadspace. headspace can help young people with mental health, physical health (including sexual health) alcohol and other drug services, and work and study support. Centre details, as well as factsheets and resources for young people and their families and friends, can be located on the headspace website www.headspace.org.au