

Head to Health adult mental health centre opens in Armadale

20 November 2023

A Head to Health adult mental health centre has opened in Armadale, offering free advice, support and, if needed, assessment and treatment for people with stress, anxiety and other mental health issues.

Funded by the Australian Government, the Armadale centre was commissioned by WA Primary Health Alliance (WAPHA) and is operated by St John of God Social Outreach, part of St John of God Health Care.

This takes the number of Head to Health services in WA to four, including:

- Midland Head to Health – 23 Great Northern Highway, Midland.
- Mirrabooka Head to Health - MedOne Medical Centre (in the MYVISTA building) at Unit 5/3 Doncaster Rd, Mirrabooka.
- Gosnells Head to Health - Corfield Medical Centre at 288 Corfield St, Gosnells.
- Armadale Head to Health - 65 Church Avenue, Armadale.

More information, including how to access the services and opening hours, is available [here](#).

These sites are part of a wider range of Head to Health services available to the community, including the Head to Health Assessment and Referral Phone Service 1800 595 212, the Head to Health website www.headtohealth.gov.au and Head to Health centres.

WAPHA is commissioning a Head to Health site in Northam, expected to open in 2024.

Comments attributed to WAPHA Executive General Manager Commissioned Services, Mark Cockayne:

“Head to Health centres provide a welcoming and low stigma entry point of engagement, assessment and treatment for people who may be experiencing distress or crisis but may not require an emergency department visit or be eligible for state-level services.

“The centres offer immediate, short-term and medium-term episodes of care and help connect people to ongoing services, when required.

“Head to Health makes it easier for GPs and other health professionals to support the mental health of the people they look after, and those who support them, through improving access to, and coordination of, mental health services in their local community.”

Comments attributed to St John of God Social Outreach CEO, Susan Cantwell:

“We’ve worked extensively with consumers and carers from diverse backgrounds, local service providers, government and the wider community, including local Aboriginal people, to ensure the new centre reflects the needs of Armadale and surrounding areas.

MEDIA RELEASE



“St John of God Health Care is committed to supporting the needs of community, especially in the area of mental health. We’re proud to be part of this important service and are excited to have welcomed the first community members to the centre in recent weeks, and to be able to support people when they need it the most.”

[Enjoy a flythrough of Armadale Head to Health.](#)

This activity has been made possible through funding provided by the Australian Government under the PHN Program.

ENDS

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About WA Primary Health Alliance

WA Primary Health Alliance shapes, strengthens and sustains primary health care through partnerships and strategies that improve people’s access and health outcomes. As the operator of WA’s three Primary Health Networks – part of the Australian Government national PHN program – we help communities and people most at risk of poor health to get better access to care closer to home. We achieve this by supporting general practice to deliver the highest quality patient care, funding local primary health care services based on community needs and connecting local services to simplify the health care system. Along with our strong partnerships, our statewide structure allows us to deliver better health, together for the benefit of the WA community. For more information, visit www.wapha.org.au

About St John of God Health Care

St John of God Health Care is a leading provider of high-quality health care services in Australia. Established in Western Australia in 1895, we are a not-for-profit private health care group and a ministry of the Catholic Church. We employ more than 17,000 caregivers, operate 27 facilities comprising more than 3,300 beds in Australia and New Zealand, as well as home nursing, disability services and social outreach programs. For more information, visit <https://www.sjog.org.au/>