

## headspace Osborne Park moves to fresh new centre

7 March 2023

- **headspace Osborne Park and Early Psychosis Service has relocated to a new purpose-built centre, allowing the team to continue to provide much-needed support to the area's young people.**
- **The new centre is located at 290 Scarborough Beach Road in Osborne Park.**

headspace Osborne Park and Early Psychosis Service has moved into a new purpose-built centre.

Only a short walk from the Glendalough train station and a nearby shopping centre, the new centre features free parking and is fully wheelchair accessible.

### **Comments attributed to Black Swan CEO, Terina Grace:**

“headspace Osborne Park and Early Psychosis Service has a well-regarded reputation for serving our community over many years.

“Our custom-built new centre enables us to enhance and optimise services. The safe and welcoming design maximises natural light with an ample variety of confidential, well-appointed counselling rooms for individuals and groups.

“Input from the young people we serve, our stakeholders and experienced team has been incorporated into the design of the new headspace centre, which features a large garden atrium at the heart of the building.”

### **Comments attributed to Federal Member for Perth, the Hon Patrick Gorman:**

“For many young people in our community, accessing headspace services can be a challenging and life-changing step.

“Ensuring they have the ability to access modern, centralised services from an experienced team is important, and the funding from the Australian Government underlines this.”

### **Comments attributed to WA Primary Health Alliance General Manager Commissioned Services, Mark Cockayne:**

“headspace Osborne Park has established itself as a safe, inclusive, and welcoming place for young people to go when they need support.”

“The new larger centre closer to public transport, enables the team to continue to provide much-needed support to the area's young people.”

# MEDIA RELEASE



## Comments attributed to headspace CEO, Jason Trethowan:

“headspace Osborne Park is already a valued part of its community and this new-look centre will mean even more young people in the area can access youth-friendly mental health care.

“With two in five young Australians experiencing mental ill-health, the work of headspace has never been more important.

“Young people are resilient, and with support can and do weather tough times to get back on track.”

headspace Osborne Park provides the full range of headspace services including mental health, physical and sexual health, work and study support and alcohol and other drug services.

Young people aged 12 to 25, and their families and friends, can contact headspace Osborne Park directly or be referred by their GP or mental health professional.

*This activity has been made possible through funding provided by the Australian Government under the PHN Program.*

## ENDS

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**About Us:** WA Primary Health Alliance shapes, strengthens and sustains primary health care through partnerships and strategies that improve people’s access and health outcomes. As the operator of WA’s three Primary Health Networks – part of the Australian Government national PHN program – we help communities and people most at risk of poor health to get better access to care closer to home. We achieve this by supporting general practice to deliver the highest quality patient care, funding local primary health care services based on community needs and connecting local services to simplify the health care system. Along with our strong partnerships, our statewide structure allows us to deliver better health, together for the benefit of the WA community. For more information, visit [www.wapha.org.au](http://www.wapha.org.au)

## About headspace

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12–25-year-olds. headspace has 154 centres across Australia in metropolitan, regional and remote areas, as well as online and phone support services through eheadspace. headspace can help young people with mental health, physical health (including sexual health) alcohol and other drug services, and work and study support. Centre details, as well as factsheets and resources for young people and their families and friends, can be located on the headspace website [www.headspace.org.au](http://www.headspace.org.au)