

Mental Health and Alcohol & Other Drugs 2021/22 Report Card

WA Primary Health Alliance is committed to building a person centred, collaborative and integrated primary mental health and alcohol and other drug system that improves access and outcomes and reduces inequity across Western Australia. This report card shows how we are tracking in Western Australia in 2021/22 against key PHN Performance Outcomes and Indicators relating to mental health and alcohol and other drugs services.

Treatment Services



Commissioned **115** MH
and **54** AOD services



19,955 people
accessed one of our
primary mental health
services, a 27% year on
year increase



2,511 people
accessed one of our
alcohol and other drug
treatment services



21,213 episodes
of care were delivered
by our primary mental
health services



19 headspace centres were funded across WA, with **7,906**
young people accessing support and treatment

Several headspace centres opened during the course of the year, which is reflected in the number of young people accessing the service

Outcome

Improving Access: People in PHN region are able to access appropriate mental health and drug and alcohol treatment services

Clinical Outcomes



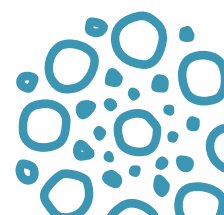
60% of people
accessing one of our
primary mental health
services recorded a
significant improvement

Outcome

Improving Access: People in PHN region
enjoy better mental health outcomes

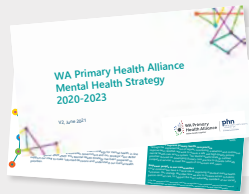
Culturally Appropriate Services

All of our mental health and alcohol and other drug treatment services are contractually required to provide culturally appropriate services for Aboriginal people

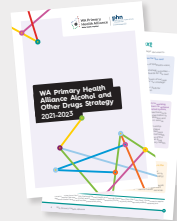


Strategic Leadership

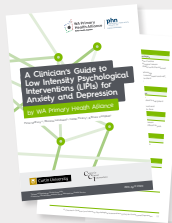
We released two strategies to guide our approach to commissioning and increase the availability of services in areas of high need. We also led the development of a state-wide plan to help people get the right help, regardless of where they live, and, in partnership with Curtin University, developed a guide to support clinicians to deliver targeted, evidence-based cost-effective treatment.



Mental Health Strategy



Alcohol and Other Drugs Strategy



A Clinician's Guide to Low Intensity Psychological Interventions for Anxiety and Depression



WA Foundational Plan for Mental Health, Alcohol and Other Drug Services, and Suicide Prevention

Outcome

Quality care: PHNs support local primary health care services to be efficient and effective, meeting the needs of patients at risk of poor health outcomes

Capacity Building



Established the Alcohol & Other Drug Network - A Project ECHO Initiative, completing 7 sessions, with 122 participants, of whom an average 38% were GPs.



Treating Alcohol and Drugs in Primary Care (TADPole): 7 sessions run for 35 health professionals, increasing their capacity to provide alcohol and drug treatment and support



Commissioned a service to increase access to targeted and culturally appropriate alcohol and other drug treatment for Aboriginal people with systemic workforce initiatives aimed at workforce expansion and service sustainability.

Outcome

Quality care: local workforce has suitable cultural and clinical skills to address health needs of PHN region

Disclaimer

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