



# General Practitioner - Training Form

## Training:

### Suicide Prevention Training for General Practitioners and Practice Nurses - Wesley Life Force

The learning outcomes are:

- a greater understanding of risk assessment, suicide prevention, intervention strategies and patient support and management.
- a strategy to provide assistance to a suicidal patient within the context of a general practice consultation.

This workshop meets the 2020-2022 triennium Accredited Activity CPD Education Standards of 40 CPD points through the Royal Australian College of General Practitioners (RACGP).

This training program has also been approved by the Australian College of Rural and Remote Medicine (ACRRM) and can be logged as Continuing Professional Development (CPD) hours as part of the Professional Development Portfolio (PDP).

It has been endorsed by the Australian Practice Nurses Association (APNA) according to approved quality standards criteria. Completion of this educational activity entitles eligible participants to claim six CPD hours.

To book training: Wesley LifeForce head office on 1800 100 024 or email [lifeforce@wesleymission.org.au](mailto:lifeforce@wesleymission.org.au)

### Suicide Prevention & Mental Health Workshops for General Practitioners, Nurses and Allied Health Workers - Black Dog Institute

- Advanced Training in Suicide Prevention | 6 Hours | 40 CPD Points
- Dealing with Depression in Rural Australia | 6 Hours | 40 CPD Points
- Perinatal in Practice | 6 Hours | 40 CPD Points
- Managing Bipolar Disorder | 6 Hours | 40 CPD Points
- Depression Dilemmas | 6 Hours | 40 CPD Points
- Diagnosis and Treatment of PTSD in Emergency Service Workers | 3 Hours Online
- Dealing with Anxiety Disorders | 6 Hours | 40 CPD Points
- Talking about Suicide in General Practice | 3 Hours Online | 6 CPD Points

To register: <https://www.blackdoginstitute.org.au/education-services/health-professionals/health-professional-workshops/>

### Workplace Wellbeing & Professional Self-care Workshop - Jo Drayton (Wheatbelt Suicide Prevention Coordinator)

- Mental Health Literacy – Stress, Anxiety, Depression and Situational Crisis
- Introduction to Suicide Awareness / Suicide Prevention
- De-Briefing
- Professional Self Care Tips and Strategies
- Language, Communication and De-Escalation Skills
- Navigating Change and Uncertainty – with Clients and Organisations
- Mentally Healthy Workplace
- Burnout / Compassion Fatigue / Vicarious Trauma
- Emotional Intelligence within the Workplace
- Mental Toughness and its impact on Productivity
- Development of a Workplace Wellbeing Strategy / Strategic Plan

To request workshop please email your EOI to Jordyn Drayton ([jordyn.drayton@holyoake.org.au](mailto:jordyn.drayton@holyoake.org.au))