

### **Primary Health Networks**

Working to build a better primary healthcare system

# PHNs and General Practice

7,816

Number of General Practices in Australia

88%

General Practices engaged with PHNs in 2018

### What are PHNs?



PHNs are local independent organisations set up to improve patient care in their PHN regions and make primary healthcare more efficient and effective.



PHNs are funded by the Australian Government and advised by GPs, other health professionals and consumers.

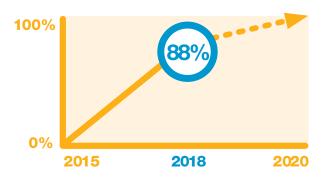


There are 31 PHNs covering all of Australia.



There are 59 PHN Clinical Councils that assist PHNs to develop local strategies, all chaired by local GPs.

General Practice engagement with PHNs has grown rapidly



### PHN key functions

We use our knowledge and understanding of local health and healthcare needs to:



Commission or purchase locally-needed services

Integrate local services and systems

### **How we support General Practice**

The 31 PHNs in Australia strongly support General Practices as the cornerstone of primary healthcare in their communities.

Our expert and experienced staff work closely with GPs, specialists, pharmacies and other health services to build capacity to deliver high quality patient-centred care and improve health outcomes.

\*General Practices include Aboriginal Medical Services



## Why we support General Practice

GPs are the frontline of healthcare in Australia. Investing in strong GP-led primary healthcare helps people to lead healthier lives—and if they become unwell, to receive the right care, in the right place, at the right time.

### The case for change in primary healthcare

Evidence from both Australia and overseas suggests that general practice will have a stronger role in healthcare to prevent and manage chronic disease.

Better knowledge, better treatments and less exposure to health risks means we are now living longer than ever before.

But as our population ages we are living with more chronic diseases such as diabetes, kidney disease, cancer and cardiovascular disease.

These diseases and related conditions are best managed within a primary care setting incorporating multidisciplinary teams, with appropriate support from hospitals.

International evidence suggests that integrated and coordinated primary healthcare systems focused on the needs of the individual are what work best.

PHNs were created to work with regional partners in making these changes, tailored to local needs. Community needs assessments are an integral part of this work.

### What primary healthcare will look like in the future

Today	Future	Reason
Treating sickness episodes	Managing the health of populations	Health is managed before during and after sickness, leading to fewer hospital admissions and a more efficient system overall
Clinician-directed	Patient-clinician partnership(s)	Patient input to care brings better results
Specialty-based	Primary care driven	Joined-up services needed to deliver holistic care for chronic diseases, with patients at the centre
Fragmented care	Coordinated care	
Individual patient files	Integrated electronic records	
Managing accepted health treatments	Evidence-based medicine	Some treatments are not supported by evidence
Paying for inputs	Blended payments	Payment for outcomes rather than inputs
Competitive provider relations	Cooperative payer-provider relations	Healthcare should be affordable for individuals and Australia as a whole
Numerous funding sources	Joint commissioning within PHN regions	More efficient use of resources within each PHN region

### **Primary Health Networks**

### General Practice how PHNs assist

- · We have on-the-ground expertise and experienced staff who work directly with general practices.
- We know General Practice, and know every business is different—so we are flexible in our approach.
- We aim to deliver the right support at the right time that matches professional needs and interests.
- · A suite of programs and services can be tailored to individual requirements.

### PHN activities – some examples

### **Care coordination** (joined-up services)



We set up networks that improve care coordination across general practices, hospitals, pharmacies, specialists and allied health services.

### **Data**

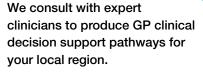
We support General Practices to use their data to improve care for their patients.

### **GP-referred services**



We strengthen local availability of services such as allied health and mental health through commissioning activities designed to meet local needs.

### **Clinical decision support**



We smooth pathways to and from local hospitals while reducing avoidable admissions.

### **Digital health**

We support General Practices with My Health Record set-up and implementation, as well as with other digital health innovations such as telehealth and e-referrals.

### **Practice accreditation**



We support General Practices to meet practice accreditation requirements.

### **Quality improvement**

We design quality improvement initiatives and support the adoption of best practice care across areas including chronic disease, mental health, diabetes, immunisation, Closing the Gap, and sexual health.

### **Grants and assistance**

We provide information about government funding and assistance programs.

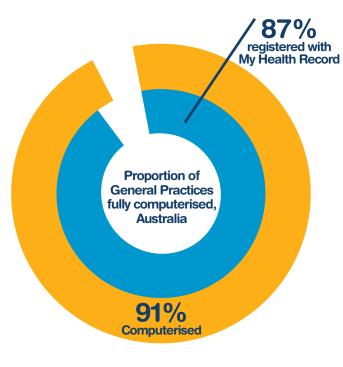
### **Training**

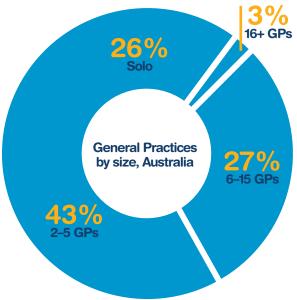


We offer, and connect GPs and practice staff with, education, training and networking events.



### **Profile of General Practice in Australia**





General Practices accredited, Australia

74%

General Practices with at least one Practice Manager, Australia 59%

General Practices with at least one Practice Nurse, Australia



### Measuring our progress

PHNs are focused on improving the health of all Australians through improved local primary healthcare services and coordination.

We add value to many different aspects of GP businesses.

To help in planning our activities and services, we combine our understanding of the local needs of the community with our understanding of general practice, including practice size, IT infrastructure and workforce capability. In partnership with general practice, we use this information to tailor a suite of services to support general practices to meet the ever changing and increasing demands placed upon them.

