



GP CONNECT

October 2018

Keeping GPs informed
in the changing primary
health landscape.

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If you wish to receive this newsletter electronically, please 'subscribe' via our website at www.wapha.org.au

New definition of neuropathic pain

An estimated one in five Australians live with chronic pain, which is defined as pain persisting for longer than 12 weeks.

Chronic pain is a common presentation in primary care, and as the Australian population increases and ages, the prevalence is expected to increase.ⁱ

Historically, pain has been classified as either nociceptive or neuropathic. However, categorising a patient's pain is not always straightforward and may not reflect the true clinical picture. Neuropathic pain is a complex condition and often difficult to diagnose in the absence of a gold standard diagnostic test.

In 2008, the International Association for the Study of Pain (IASP) Special Interest Group on Neuropathic Pain (NeuPSIG) redefined neuropathic pain as "pain arising as a direct consequence of a lesion or disease affecting the somatosensory system". This can involve peripheral or central structures or both.^{ii,iii}

- Peripheral neuropathic pain can be caused by nerve injury or disease. Important causes include lumbar radiculopathy, post-herpetic neuralgia, diabetic neuropathy, HIV-related neuropathy, and chronic postsurgical pain.
- Central neuropathic pain can arise after a stroke or spinal cord injury, in multiple sclerosis, or in other neurological and metabolic conditions.

This new definition excludes CNS dysfunctional pain caused by central sensitisation or neuroplasticity, as well as conditions such as fibromyalgia or irritable bowel syndrome where there is little evidence of nerve damage.^{iv}

Because neuropathic pain may co-exist with nociceptive pain (mixed pain), it is important for clinicians, when assessing chronic pain, to establish whether neuropathic pain is likely, in order to optimise treatment. In the absence of a standardised diagnostic test, several screening tools have been developed to help identify patients with neuropathic pain. These tools, together with up-to-date treatment options can be accessed on HealthPathways newly published [Neuropathic Pain Pathway](#), which was developed in consultation with local pain specialists.

If you are not already using HealthPathways and wish to access it, please contact your WA Primary Health Alliance primary health liaison, or email the HealthPathways team at healthpathways@wapha.org.au

Dr Linda Kohler
GP Clinical Editor, HealthPathways WA

Contact us

gpconnect@wapha.org.au

(08) 6272 4900

www.wapha.org.au

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i Pain Australia <http://www.painaustralia.org.au/about-pain/painful-facts>

ii Neuropathic pain: an updated grading system for research and clinical practice <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4949003/>

iii International Association for the Study of Pain: What is Neuropathic Pain? <https://s3.amazonaws.com/rdcms-iasp/files/production/public/AM/Images/GYAP/What%20is%20Neuropathic%20Pain.pdf>

iv Neuropathic pain: an updated grading system for research and clinical practice <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4949003/>

MESSAGE FROM THE CEO

The future role and structure of general practice is uncertain, but there are clues in Commonwealth health policy to point us in the right direction. The introduction next year of the PIP QI and the Workforce Incentive Program are clear signposts that data driven quality improvement and multidisciplinary team care will be front and center of the way new approaches to general practice will be rewarded.

Consider also the Australian Government's focus on the outcomes of the Health Care Homes' blended payment model and the key areas of attention for primary care in the MBS Review (Chronic Disease Items, Care Plans and After Hours) – and we start to get a clearer picture.

Last week, WA Primary Health Alliance (WAPHA) convened a visit of two pre-eminent experts in primary care and implementing Patient Centred Medical Home models in the US and Australia. Drs Wally Jammal and Kirsten Meisinger spoke to a group of invited stakeholders, from the public and private health care sectors in WA, about some of the key ingredients of integrated care. This was followed by a full day workshop for WAPHA's Comprehensive Primary Care practices and the Commonwealth's WA Health Care Homes that considered how general practice can best position itself to meet the challenges ahead.

Put simply, the take home message from our guests was that general practice will better adjust to its future organisation and structure when focused on three things: leadership, quality improvement and teams. Dr Jammal, a Western Sydney GP, lecturer in the Western Sydney School of Medicine and a member of various MBS Review committees,

considers it imperative that GPs take up transformational leadership roles in these key areas to ensure that general practice is the glue that binds our fragmented health care system together.

With the future of general practice becoming gradually more identifiable, there is an opportunity for sustained effort by GPs in WA to collectively and individually shape general practice into the lynchpin of a strong and robust primary care system. There is clear international evidence telling us that the way in which primary care development takes place really does matter, and at the heart is a robust primary care system that can support our communities and secondary and tertiary sectors to the optimum.

Many GPs across metropolitan and rural locations in WA are now well engaged with WAPHA in leading place-based responses to the transformation of primary care.

WAPHA positions itself as a leader; an interpreter, influencer and coach for general practice in bridging the gap between political strategy and policy and the practical implementation of health care change in the community. I encourage WA GPs to engage with WAPHA in the development of our Comprehensive Primary Care strategy that is rolling out in practices across WA, in our emerging stewardship role for the PIP QI and the Workforce Incentive Program, and in developing new models of care that support the growth of multidisciplinary teams and the application of new payment models. WAPHA is also well engaged

with WA Health through the Urgent Care Clinic election commitment to match available GP supply with patient demand, the review of the Central Referral Service and reform of WA's Outpatient services. In coming weeks, you will receive communication about these WA Health initiatives and a request for your input into their development. WAPHA has facilitated this engagement with general practice to ensure your views are heard and considered in the development of new policy, models of care and support structures.

Many GPs across metropolitan and rural locations in WA are now well engaged with WAPHA in leading place-based responses to the transformation of primary care. We know that the shakeup in the way community medicine is practiced, funded, structured, run and delivered is challenging. It will require new ways of thinking and new ways of practicing. I am confident we can support you and your colleagues in a common commitment to designing expanded primary care models that reflect local health priorities, access and need; the challenge of managing change, people and resources and of promoting local leadership and vision; and better integrating service delivery between the primary, secondary and tertiary sectors.



Leanne Durrington
CEO WA Primary Health Alliance

Meningococcal disease vaccination still available

The free state-funded meningococcal ACWY catch-up vaccination is still available for children aged from 12 months to under five years.

So far this year, 12 children aged under five years have been hospitalised with meningococcal disease and 50 per cent of WA children in the program group remain unvaccinated.

The Department of Health will be sending out reminders to parents whose children have not yet been vaccinated to ensure their children do not miss out. The free catch-up is available until the end of 2018.

Those most at risk for meningococcal disease are children aged under five years, and also 15 to 25-year-olds. In 2018, all students in Year 10 will be offered a single dose of meningococcal ACWY vaccine by school immunisation teams.

HealthPathways WA has published several pathways to help healthcare providers ensure optimal outcomes for families, including

Immunisation - [Childhood](#)

Immunisation - [Adolescent](#)

These pathways have been recently reviewed and updated by Dr Richa Tayal, with assistance from the Metropolitan Communicable Disease Directorate.

To access HealthPathways please contact your WA Primary Health Alliance primary health liaison or email the HealthPathways team at healthpathways@wapha.org.au

New Australian Immunisation Register eLearning education modules available

The Department of Human services has published five new Australian Immunisation Register (AIR) eLearning education modules, to help vaccination providers understand how to access and use the AIR site and record vaccination episodes.

The five modules provide detailed steps to help with:

- Registering and requesting access to the AIR site
- Accessing the AIR site for the first time
- Submitting information to the AIR
- Recording overseas immunisations
- Recording immunisation medical exemptions.

The modules can be viewed at humanservices.gov.au/hpeducation

The AIR site has recently been updated to make it easier for vaccination providers to use. Providers are able to:

- View and print Immunisation History Statements for patients

- Record planned immunisation catch-ups
- See status messages about potential issues so they can check information is correct before submitting
- View immunisation information immediately after it is submitted
- Download and print some AIR reports in single file and multi-file format.

The AIR is a national register that can record vaccines given to people of all ages in Australia. This includes all vaccines funded under the National Immunisation Program, vaccines provided under State and Territory vaccination programs and most privately funded vaccines, including influenza and travel vaccines.

For more information about the AIR, go to humanservices.gov.au/hpair



HOSPITAL LIAISON



Royal Perth Bentley Group

East Metropolitan Health Service 2018 GP education update

The GP update focusing on *Pain, Perioperative and Referral Pressure Points* was held on Saturday, 8 September at Royal Perth Hospital (RPH) in partnership with WA Primary Health Alliance (WAPHA).

Many of the EMHS 2018 GP Education Update presentations and handouts from the event are now available on the [GP events](#) page on the RPH website.

Presentations and workshops were delivered by senior clinicians from RPH/Bentley, Armadale and St John of God Midland Hospitals as well as HealthPathways and the Turning Pain into Gain program. Topics were guided by the 2017 update feedback and the Choosing Wisely recommendations, including those from other colleges which impact on GPs.

The Bentley Maternity Unit (see the [BHS Maternity GP newsletter](#)), the EMHS Aboriginal Health team (see [Aboriginal Health section](#)), HealthPathways WA and My Health Record all hosted information stands.

A panel discussed how GPs, hospital clinicians and WAPHA can work together to better address the important issues raised. EMHS will consider recommendations from GP feedback.

EMHS is looking forward to hosting further events and welcomes suggestions from GPs. Please email these to EMHSGPed@health.wa.gov.au.

RPH Orthopaedics – shoulder impingement/bursitis referral changes

RPH have advised that referral for shoulder impingement/bursitis with no rotator cuff tear on ultrasound and a normal X-ray will now only be accepted with evidence of previous unsuccessful conservative management including:

- At least two ultrasound-guided sub acromial injections with local anaesthetic and steroid (unless contraindicated) and
- Three months of physiotherapy and
- Ongoing symptoms despite the above management of sufficient severity to warrant referral to an orthopaedic surgeon.

Referrals must include the ultrasound and X-ray reports and documentation of conservative management trialled to date.

Orthopaedic outpatient clinic appointment waiting times are long. Ensuring an appropriate trial of conservative management before referral will allow patients to receive evidence-based interventions close to home as soon as possible. This allows the best use of orthopaedic services and avoids unnecessary waiting for outpatient appointments.

RPH will shortly be undertaking an audit of existing referrals. You may receive a letter notifying you that a previously sent referral does not meet the new criteria. Please read the information in the letter carefully, for instructions on how to proceed.

HealthPathways WA have engaged with specialists to commence the development of the relevant pathways in line with the new criteria.

Bentley Hospital

Bentley Maternity Unit GP news

The [Bentley Maternity Unit GP Newsletter](#) includes a range of helpful information for GPs, including items on the Medicare enrolment project which offers automatic registration of Bentley Hospital newborns in Medicare +/- a My Health Record; and on Vitamin D supplementation in newborns

The team accept low risk antenates who live outside of the catchment for GP shared care, including country antenates who may have family in the Bentley area, and prefer to deliver there. For further information, please visit <http://www.bhs.health.wa.gov.au/For-health-professionals/Bentley-Antenatal-Shared-Care>.

Dr Jacquie Garton-Smith
Hospital Liaison GP,
Royal Perth Hospital
jacquie.garton-smith@health.wa.gov.au
Available: Monday and Thursday

Armadale Hospital

GP input required for alternative urgent medical pathways

Do you see patients with medical conditions who:

- You could manage in your general practice with input from an acute medical physician?
- Require urgent specialist medical review and their clinical condition can be managed as an outpatient?

Armadale Hospital is seeking the input of local GPs to help co-design alternative pathways for patients with medical conditions requiring urgent specialist advice or review.



Your feedback will assist the hospital in establishing a rapid access medical clinic for patients requiring urgent specialist assessment to plan investigations and treatment.

If you are interested in shaping this service so that it meets the needs of your patients, you are welcome to attend a special GP Focus Group jointly organised by Armadale Hospital and and WA Primary Health Alliance.

GP Focus Group

When: Tuesday 23 October, 6pm – 8pm

Where: Seminar Room, 1st Floor, Armadale Hospital, 3056 Albany Highway, Mount Nasura

RSVP to Ann Blunden at ann.blunden@health.wa.gov.au or call (08) 9224 8401

Fiona Stanley and Fremantle Hospitals

New criteria for paediatric ENT outpatient clinic referrals

From 1 December 2018, paediatric ENT referrals to Fiona Stanley Hospital and Perth Children's Hospital for the following conditions will be assessed using referral criteria, and only referrals requiring specialist level care will be accepted:

- Ear foreign body
- Otitis externa
- Otitis media
- Removal of ear wax
- Rhinosinusitis
- Tonsillitis

Routine paediatric ENT outpatient waiting times continue to be extremely long. The positive outcomes from implementation of adult ENT criteria in 2017 supports the introduction of paediatric ENT referral criteria

as necessary to facilitate the best use of specialist ENT services and avoid unnecessary waiting times for outpatient appointments.

Please ensure you are familiar with the referral criteria and check your referrals contain the required information. The inclusion criteria and referral requirements are available on the Central Referral Service (CRS) website <http://ww2.health.wa.gov.au/ENT>

Further information regarding primary care management of ENT conditions is also available on HealthPathways: <https://wa.healthpathways.org.au/>

Routine paediatric ENT outpatient referrals should continue to be sent to the CRS.

For patients who require urgent ENT review (within the following week) please contact the ENT registrar via the relevant hospital's switchboard. If you think there are extenuating circumstances where a routine referral should be accepted, but does not meet the referral criteria, then contact the ENT registrar as above to discuss.

Dr Monica Lacey
Hospital Liaison GP,
Fiona Stanley & Fremantle Hospital Group
monica.lacey@health.wa.gov.au
Available: Monday and Thursday

Perth Children's Hospital

Specialist Immunisation Clinic

The Specialist Immunisation Clinic occurs weekly at Perth Children's Hospital (PCH) and provides clinical care (including telehealth services) for:

- Children with complex immunisation requirements including those with high-risk medical conditions requiring individualised immunisation plans e.g asplenia, immunosuppressed
- Children who have experienced or are at risk of an adverse events following immunisation (AEFI)

- Children and adolescents with severe needle phobia or those who are unable to be vaccinated in the community
- Vaccine-hesitant families
- Travel advice and vaccination* for children with medical comorbidities; (excluding BCG vaccine, which is available only at the [Anita Clayton Centre](#) in which the Western Australian Tuberculosis Control Program (WATBCP) and [Humanitarian Entrant Health Service](#) (HEHS) are located)

*Travel vaccines available on private prescription.

This clinic is conducted by a paediatric infectious diseases consultant and dedicated immunisation nurse and provides a clinical service and vaccinations on the WA immunisation schedule free of charge. This clinic requires a medical referral. For external medical referrals, use the central referral service.

Telephone advice

- For health professionals within the community, telephone advice for complex paediatric immunisation questions, can be sought from the infectious diseases consultant on call, available through PCH switchboard on (08) 6456 2222.
- For health professionals with other immunisation questions and members of the public; contact Child and Adolescent Community Health, Central Immunisation Clinic on (08) 9321 1312.

Dr Maree Creighton
Hospital Liaison GP,
Perth Children's Hospital
maree.creighton@health.wa.gov.au
Available: Tuesday 9am-12pm and Wednesday 12pm-5pm

My Health Record: Training for you and your staff

Online training

The Australian Digital Health Agency has developed a series of webinars and online training specifically designed for GPs and practice staff.

Online training, simulators and demonstrations can be accessed by GPs, nurse practitioners, practice managers, administration and reception staff. It is also possible to login to the simulator with a patient view.

The basic online training program introduces My Health Record and outlines its benefits, features and functionalities, including:

- The types of information in the My Health Record system
- How to view a patient's My Health Record and upload information to it
- The legislation which underpins healthcare providers' use of the My Health Record system
- How the My Health Record system can improve clinical outcomes
- Healthcare providers' participation obligations.

To access the online training, go to training.digitalhealth.gov.au/login/index.php

You will be asked to create a free account first to access the content. Instructions will then be sent to your email.

Clinical software simulators

If you would like to practise viewing or uploading documentation you can access the clinical software simulator. In the simulator you can view and test the My Health Record system without using real patient data or breaching any privacy. The simulator has been helpful for many health providers, especially when they wish to go through the system as a team. There are simulators for BP Premier, MedicalDirector, Zedmed, Genie and Communicare. The training environment also provides a simulation of the My Health Record Consumer Portal.

You can access the clinical software and the consumer portal simulators via onlinetraining.digitalhealth.gov.au/portal/webclient/index.html?userName=OnDemandTrainingUser#/logina

The **username** is 'OnDemandTrainingUser' and should be completed for you, however you will be required to enter a password to access the session.

The **password** is 'TrainMe'. Please note this password is case sensitive.

Clinical software demonstrations and software summary fact sheets

There are a range of demonstrations that provide a step-by-step guide of the variety of functions in some clinical software products. There are demonstrations for BP Premier, MedicalDirector, Zedmed, Genie and Communicare.

A listing of available demonstrations you can watch via the portal, can be found [here](#).

There are also summary sheets in PDF available that outline a range of clinical software products with step-by-step instructions and screenshots for viewing, creating and uploading clinical information.

Summary fact sheets can be found [here](#).

Support and inform your patients

A range of step-by-step guides are available to support patients in interacting with their My Health Record, including uploading a personal health summary, setting privacy controls and a range of other functions. myhealthrecord.gov.au/for-healthcare-professionals/howtos/support-your-patients

Face-to-face training for GPs and practice staff

The best way to learn more about using the many features in My Health Record is by attending a training session. A My Health Record trainer or primary health liaison can come to your practice, at a time that suits you best, to provide an education session. Please email myhealthrecord@wapha.org.au to arrange a time with one of our trainers. You can also attend a My Health Record workshop via the RACGP.

Find out more

You can find many useful links specific to general practice on the My Health Record website www.myhealthrecord.gov.au/for-healthcare-professionals

New guidelines for the management of knee and hip osteoarthritis

The RACGP has recently released a revised *Guideline for the Management of Knee and Hip Osteoarthritis*.

The objective of this new guideline is to present the best available, current scientific evidence for osteoarthritis interventions, covering all interventions other than joint replacement for the hip and knee.

New recommendations for treatment include:

- An emphasis on exercise and weight management for patients suffering with knee and hip osteoarthritis
- Strong advice to turn away from using opioids in the treatment of the condition
- Knee replacement surgery should only be considered when a patient's symptoms fail to respond to non-surgical treatments
- A reduction in the use of diagnostic imaging.

Each recommendation is supported with information explaining what the intervention is, the rationale for the recommendation, and any associated harms. The intention is to provide sufficient information as to why the recommendation was made to enable GPs to discuss and recommend options for patients.

Recommendations have been approved by the National Health and Medical Research Council for a period of five years.

For more information or to download a copy, visit racgp.org.au/your-practice/guidelines/musculoskeletal/hipandkneeosteoarthritis/



DVA awareness campaign for PPI use in Veterans

The Veterans' Medicines Advice and Therapeutic Education Services (Veterans' MATES) program from the Department of Veterans' Affairs has recently mailed a brochure to relevant veterans titled *When is it time to review my medicine for heartburn?*

The brochure contains information about gastro-oesophageal reflux and encourages veterans to discuss their proton pump inhibitor medicine with their GP.

Copies of the therapeutic brief and brochure was also mailed to GPs who treated selected veterans in late August.

The Veterans' MATES program aims to improve the use of medicines and health services in the veteran community.

For more information or read the therapeutic brief, visit www.veteransmates.net.au/topic-52-therapeutic-brief

New medications to treat cancer now listed on the PBS

New medications for lymphoma and multiple myeloma are now available to patients through the Pharmaceutical Benefits Scheme (PBS). A full list of recent additions to, and deletions from, the PBS can be found at www.pbs.gov.au/browse/changes

Asthma and Rhinitis Control Trial

The Woolcock Institute of Medical Research in collaboration with the National Asthma Council Australia, University of Sydney, Curtin University, University of Tasmania, the Pharmaceutical Society of Australia, The Pharmacy Guild of Australia and the George Institute for Global Health are embarking on a national research project that may be of interest to general practices across New South Wales, Western Australia and Tasmania and the 10 per cent of Australians at risk of uncontrolled asthma.

Funded by the Federal Department of Health, the Pharmacy Trial Program – Asthma and Rhinitis Control (PTP-ARC) project addresses the need to improve clinical outcomes for patients with uncontrolled asthma by engaging patients at the pharmacy and GP level and facilitating the collaboration across pharmacy and general practices. We expect as a result of this research, more people with poorly controlled asthma will be identified, medications will be used more appropriately, and more people will be referred to their GP for a review of their poorly controlled asthma.

The trial is a culmination of 16 years of asthma research and targets three key factors associated with uncontrolled asthma:

1. Poor adherence, characterised by underuse of preventer medication and/or overuse of reliever medication;
2. Suboptimal inhaler technique; and/or
3. Uncontrolled allergic rhinitis.

The trial is currently recruiting general practices who might be interested in having their patient's asthma control reviewed.

For further information, please contact Woolcock.ptparc@sydney.edu.au or call 02 9114 0455.

GPs interested in this topic may also wish to review the following HealthPathways: [Asthma in Adults](#), [Rhinosinusitis](#), and [Asthma in Children](#).

Help inform women's health resources

[Jean Hailes for Women's Health](#) is developing a Presentation Library to support health professionals and health educators in delivering education to women around Australia. The Jean Hailes Presentation Library will be developed by a team of clinicians and educators and will draw on the latest evidence-based health information. The presentations will address a range of important women's health topics, spanning the various life ages and stages, and will aim to cater for a variety of health literacy levels.

Jean Hailes is seeking feedback to help guide the development of these resources and ensure they are useful, relevant and practical for your educational and health promotion activities. The survey takes approximately five minutes and can be accessed at <https://www.surveymonkey.com/r/PresentationLibrary>.

New palliative care helpline: 1800 870 155

Do you provide care for older people who may be nearing end of life? The ELDAC Helpline (1800 870 155) has been established to connect you with:

- Evidence-based palliative care tools, information and resources
- Your local HealthPathways provider
- The correct contact person or service for your query.

Calls are free from any fixed line phone in Australia, and you can also email eldac.helpline@flinders.edu.au with your query. [Find out more about the ELDAC Helpline.](#)

See also the [Palliative Care HealthPathways](#).

Advance Care Planning CALD resources

Advance Care Planning Australia has released a suite of translated resources to support Australia's non-English speaking communities and empower them to take active control of their future health care.

Advance care planning information for individuals and their families has been translated into 16 languages and includes audio, online and downloadable print resources to address the needs of Australia's ageing, multicultural population. You'll find more information [here](#).

You may also wish to view the [Advanced Care Planning HealthPathway](#).

Doctors for Doctors

The Doctors' Health Advisory Service WA (DHASWA) aims to promote the health of doctors across the state. The most common question the organisation receives is "Where do I find a good GP or Psychiatrist?" In response to this area of need DHASWA is creating a Doctors for Doctors list. DHASWA are now seeking expressions of interest from GPs and psychiatrists who have an interest in doctor's health and are willing to see doctor (and medical student) patients as a priority. If you elect to be part of this list, your details will be available publicly on the DHASWA website www.dhaswa.com.au

To express your interest in being included on this list:

Please complete the form by clicking [here](#) or [download a copy](#) and return to manager@dhaswa.com.au or fax (08) 9273 3043.

You may request that your details are removed from this list at any time. If you have any questions about this list, then please contact Geoff Jones at 9273 3025 or manager@dhaswa.com.au

Resources for General Practitioners' Health can also be found on HealthPathways [here](#).

Genetic and rare diseases resources

The Genetic and Rare Disease Network (GaRDN) website has a register of health professionals and researchers with specialised knowledge and experience in rare and genetic diseases: <https://gardn.org.au/health-professionals-register/>

Most registered members are prepared to be contacted with treatment/diagnostic queries on their area of special interest.

Other information on the [GaRDN website](#) includes:

- Red flags for rare and genetic conditions
- Undiagnosed disease resources
- Genetic and rare disease registries
- Support group directory

The GaRDN is a not for profit organisation that acts as a peak body for genetic and rare disease support groups in Western Australia. GaRDN works to provide current and relevant information to individuals and family members affected by genetic and rare conditions, and aims to make health professionals more aware of genetic and rare diseases.

Useful resources on this topic can be found on HealthPathways with the newly published [Genetics Pathways: Assessing Genetic Risk, Common Genetic Conditions, Familial Cancer Syndromes](#), and [Rare and Undiagnosed Diseases](#).

HealthPathways placement opportunity

Placement opportunities as a GP reviewer are now available within the HealthPathways team. Successful candidates will have the opportunity to work one or two days per week on the HealthPathways program to review HealthPathways localised to WA. They will be supervised by a GP accredited supervisor.

See the [information sheet](#) for further clarification about the placement and contact information for expressions of interest.



EDUCATION EVENTS

TADPole: Treating Alcohol and other Drugs in Primary Care

- Challenging attitudes and common issues encountered in general practice
- Enhanced understanding of specific drugs and comorbid conditions
- Motivational interviewing and brief intervention

Date: Saturday, 20 October 2018

Time: Registration 8:30am,
9am – 5pm

Venue: Bendat Parent and
Community Centre,
36 Dodd Street, Wembley

Cost: Free with lunch included

Registration:

<https://tadpole201018.eventbrite.com>

Family and Domestic Violence (FDV) training – Let’s dispel the myths

RACGP accredited training presented by Women’s Resource and Engagement Network (WREN).

Venue: Wanneroo GP Super Clinic
30 Dundobar Road,
Wanneroo

Registration:

To register please contact Kim Broughton on (08) 9360 8700 or email hjsolicitor@nsclegal.org.au.

Further details:

<https://www.racgp.org.au/education/courses/activitylist/activity/?id=79934&q=keywords%3ddomestic%26triennium%3d17-19>

Learning outcomes:

1. Identify the complexities dealing with women experiencing FDV.
2. List groups most vulnerable to FDV and factors leading to those at high risk.
3. After a disclosure of FDV, able to describe possible legal processes women may have ahead of them.

Date: Wednesday,
24 October 2018

Time: 5:30pm – 7:45pm

Business of General Practice

RACGP WA presents a comprehensive one-day workshop focusing on the business of general practice. The program is delivered by subject matter experts who will share their knowledge and personal experiences.

Hosted by Dr Sean Stevens, RACGP WA Chair and RACGP Business of General Practice Specific Interests Network Chair, the day also includes an in-depth session on My Health Record. Participants will choose to attend one of three streams covering the following topics:

Business owners

- Using technology and data to measure business KPIs
- Managing data safety
- Unleash the power of your data.

Aspiring business owners

- Buying vs starting a practice
- Building a successful practice
- Business brainstorming panel.

GP contractors/employees

- Tax planning and reporting
- Wealth protection and growth
- More than just a GP – career options for GPs.

Date: Saturday, 27 October 2018

Time: 9:30am – 3:30pm

Venue: Bendat Parent and
Community Centre,
36 Dodd Street, Wembley

Registration:

https://www.racgp.org.au/Events/Booking/Registration?eventid=WA1819_35

NPS MedicineWise Low back pain: taking action

This educational visiting program has been designed to help GPs confidently distinguish between non-specific low back pain and more serious forms that require further investigation and management. NPS MedicineWise explore the importance of staying active and provide resources to help you manage patient expectations about imaging.

Educational visits are available as:

- **One-on-one:** a 30-minute in-practice discussion for GPs, tailored to individual learning needs. We also offer virtual visits delivered by teleconference, so that GPs who find it difficult to schedule an in-practice visit can still benefit from our visiting program.
- **Small-group:** a 1-hour in-practice discussion for up to 10 GPs, pharmacists and nurses.

NPS MedicineWise Educational Visits are accredited for:

- 2 Category 2 RACGP QI&CPD points
- 1 Core point in the ACRRM PD Program

They are also recognised as counting towards the Practice Incentives Program Quality Prescribing Incentive (PIP QPI).

To book an NPS MedicineWise educational visit, contact Nicole Humphry:

Email: Nicole.Humphry@wapha.org.au

Phone: (08) 6272 4921

Perth Children's Hospital GP education event

Presented by Perth Children's Hospital in partnership with WA Primary Health Alliance and HealthPathways WA.

Education sessions include:

- Food Allergy and Anaphylaxis
- Management of Acute Asthma in Children, Demonstration of Devices and Causes of Persistent Cough
- Child Development Delay (including Autism, Cerebral Palsy and FASD) – Panel Discussion
- Assessment and Management of Burns

Date: Saturday, 3 November 2018

Time: Registration from 8am
Presentations from
8:30am – 4:00pm

Venue: Perth Children's Hospital,
15 Hospital Ave,
Nedlands 6009

Catering: Morning tea and lunch provided

Registration:

<https://waproject.healthpathways.org.au/Events/Events/PCHCPDNov2018.aspx>

RSVP by Friday, 26 October 2018.
Registrations are essential.

40 Category 1 QI&CPD points have been applied for through RACGP and 30 PRDP points have been applied for through ACRRM.

Introduction to point-of-care ultrasound for GPs in Albany

RACGP Rural is pleased to invite general practitioners (GPs) from Western Australia to its point-of-care ultrasound active learning module (ALM) course in Albany.

This full-day ALM offers general practice registrars and GPs the chance to identify practical applications of ultrasound technology in general practice settings. Experienced GPs and ultrasound experts will guide participants through this hands-on course.

Approved for The Royal Australian College of General Practitioners Quality Improvement and Continuing Professional Development 40 Category 1 points.

Date: Sunday,
4 November 2018

Time: 8:30am – 4:30pm

Venue: The Surgery,
8 Hardie Road,
Spencer Park 6330

Cost: RACGP members \$495
Non-members \$627

Registration:

<https://bit.ly/2QlwS4P>

More information:

rural@racgp.org.au

Protecting brains and bones: What a GP needs to know

Presented by Osborne Park Hospital in partnership with WA Primary Health Alliance and HealthPathways WA.

Education sessions include:

- Early diagnosis and management of Parkinson's Disease by Dr Barry Vieira
- Early diagnosis, differential diagnosis and management of dementia by Dr Brendan Foo
- Acute stroke and TIA, early diagnosis and management by Dr Kien Chan
- Diagnosis and management of osteoporosis by Professor Charles Inderjeeth
- Geriatric residential outreach service summary by Dr Charmaine Chua.

Date: Saturday, 10 November 2018

Time: Registration from 8am
8:30am – 3:30pm

Venue: University Club, UWA,
Crawley WA 6009
Free parking is available at
Entrance 1, Carpark 3

Catering: Morning tea and lunch
provided

Registration:

<https://waproject.healthpathways.org.au/Events/Events/OPHCPDNov2018.aspx>

RSVP by Friday, 2 November 2018.
Registrations are essential.

This event has 40 Category 1
QI&CPD points.

Kwinana and Rockingham GP networking event

A networking opportunity for general practices and local health services in the Kwinana and Rockingham community.

WA Primary Health Alliance invites you to our networking event to meet your local health services, including:

- Mental health and psychological services
- Pain management services
- Aboriginal health services
- Rockingham Hospital services
- Drug and alcohol services
- Chronic disease management services
- Local pharmacies
- Local allied health

Join us for drinks and canapés and learn about the local services available for your patients, what they provide and how you can access them.

Date: Tuesday,
20 November 2018

Time: 5:30pm arrival
6:00pm - 7:30pm

Venue: Hotel Clipper
20-30 Patterson Road
Rockingham

Registration:

http://bit.ly/WAPHA_Nov20 by
Tuesday, 13 November

TADPole: What GPs need to know about opiates and cannabis

- Improve your skills in managing opiate and cannabis use in general practice.
- Improve your understanding of the relationship between mental health and drug use.

QI&CPD

This activity has been approved by the RACGP program for 4 category 2 points in the 2017-2019 triennium

Date: Thursday, 22 November 2018

Time: Registration from 6:30pm,
7 – 9pm

Venue: Bendat Parent and Community Centre,
36 Dodd Street, Wembley

Cost: Free with dinner included

Registration:

<https://tadpole22112018.eventbrite.com>

For more information:

email sirch@ecu.edu.au or visit www.ecu.edu.au/tadpole

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