

## MEDIA RELEASE

### My Health Record roadshow

31 August 2018

**A team of My Health Record experts will be visiting Lancelin, Jurien Bay, Moora, Dandaragan and Gingin on Monday 10 and Tuesday 11 September to inform the community about the benefits of My Health Record, and how to opt-out, if they wish.**

By the end of 2018, every Australian will have a digital My Health Record, unless they choose not to have one. Having a My Health Record means that a summary of a person's important health information like allergies, current conditions and treatments, medication details, pathology reports or diagnostic imaging reports can be digitally stored in one place.

WA Primary Health Alliance general manager, Linda Richardson, said My Health Record will contribute to better patient outcomes and improved patient care.

"Working across the health sector, we see the need for more efficient information sharing. That is one of the significant benefits of My Health Record as it will connect the different health providers through one system and give people more insight and control of their own health information," Ms Richardson said.

"Having a My Health Record has many advantages and it is easily accessible to authorised doctors, specialists, hospitals, and allied health professionals.

"It will be much more convenient, not having to remember and repeat your medical history, including chronic conditions and medications, as all this information can be uploaded to the My Health Record by healthcare providers.

"When medical emergencies arise when travelling from a regional area to the city or interstate, a hospital can quickly access the person's My Health Record, review their health summary and treat them appropriately, something that currently is not available," Ms Richardson said.

Corrigin pharmacist, Michelle Hooper, said My Health Record will provide a clear view of people's medications, and their history of doctor, specialist visits, pathology and imaging.

"I set up a My Health Record for myself, my husband, my two children, and my parents and parents in law. It has given me peace of mind to have it, knowing that the doctors and the hospital they visit can refer to it," Ms Hooper said.

#### **My Health Record community information sessions**

##### **Monday 10 September**

Lancelin CRC at 10am

Jurien Bay CRC at 1pm

Delmoor Centre, Moora at 4.30pm

##### **Tuesday 11 September**

Dandaragan CRC, 9am

Gingin CRC, 11:30am

To find an information session in your area, follow the My Health Record Facebook page follow [www.facebook.com/pg/waphaphns/](https://www.facebook.com/pg/waphaphns/) or visit [www.wapha.org.au/events/](http://www.wapha.org.au/events/)

More information on My Health Record can be found at <https://www.myhealthrecord.gov.au/>. People who do not want a My Health Record can opt out by visiting the My Health Record website or by calling 1800 723 471 for phone-based assistance. Additional support is available to Aboriginal and Torres Strait Islanders, people from non-English speaking backgrounds, people with limited digital literacy, and those living in rural and remote regions.

**For more information:**

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**About WA Primary Health Alliance:** WA Primary Health Alliance oversees the strategic commissioning functions of the Perth North, Perth South and Country WA Primary Health Networks (PHNs). The WA PHNs are three of 31 PHNs established by the Australian Government nationally to increase the efficiency and effectiveness of medical services for the community. We work across the WA healthcare system with doctors, allied health professionals, Area Health Services and service providers to improve the coordination of care for people who are at risk of poor health outcomes. For more information, visit [www.wapha.org.au](http://www.wapha.org.au)