

Midland, Kalamunda, Mundaring Co-Design Report

The Integrated Systems of Care (ISC) Perth North is a Commonwealth funded initiative through WA Primary Health Alliance (WAPHA) to provide collaborative and integrated approaches to support people with mental health and problematic alcohol and other drug use issues in their local areas.

Integrated System of Care initiatives will focus on provision of services for mental health (MH), alcohol and other drugs (AOD) use issues and co-morbidity treatment and support services to address the following activity outcomes for ISC:

- Individual tailored and stepped care treatment activities.
- Facilitation of service integration and linkages through placed based precincts.
- Addressing high areas of unmet need in the mental health & alcohol and other drug areas
- Engagement with primary care services.
- Innovative models of integrated care.

As the lead agency Neami National co-ordinated Co-Design Workshops throughout the Primary Health Network North catchment area from June 2017 until November 2017. The Midland, Kalamunda, and Mundaring Co- Design workshops occurred over two workshops held on August 29th and 30th 2017. This provided an opportunity for consultation to occur between local service providers to explore what services are in place in the region and where the current gaps in service provision are, in supporting persons with mental health difficulties and/or problematic alcohol and other drug use issues.

Key Findings of the Workshop:

Based on the co-design workshops in the Midland, Kalamunda, and Mundaring region, the following gaps in services were identified:

1. A lack of after hours/outside of business hours services;
2. No specialised CALD services in the area;
3. No assertive outreach;
4. Skill set of both mental health and AOD could be improved
5. A degree of segregation between services, resulting in persons needing to tell their story multiple times;
6. Potential gaps in local area multi-disciplinary team; no AOD, Mental Health Clinician, Peer Support Worker and community; and

7. Insufficient number of community hubs.

Of these seven* gaps, three service improvement initiatives have been identified:

- Service integration amongst existing providers. Such as the development or linkages to existing local area networks to promote collaboration across services.
- Improved/flexible access to services. Such a mental health clinician or AoD counsellor providing out of business hours services in an area where this is a gap.
- Adaptive services provision; including outreach, afterhours, and potential transport to place-based services where outreach is not achievable/practicable. Such as partnering with a transport service/s to assist persons in accessing services providing flexible hours of operation.

*(Note not all seven identified needs and gaps are within the scope of this project, or can be addressed within the limited funding available)

What Happens Next?

The aim of this project is to provide locally based service models that have been identified as a need by local communities. The above initiatives will therefore be considered and some may be prioritised for funding. If this is the case, an invitation will be extended for community services to provide a submission to address the identified area of needs.

All submissions received will be considered and successful agencies will be funded to establish the prioritised services and activities in the Midland, Kalamunda, and Mundaring region.