



ST JOHN OF GOD

Raphael Services

Driving Change: pregnancy, parenting, alcohol and other drugs conference

Welcome



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Drug and Alcohol Perinatal Screening (DAPS) Project

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St John of God Social Outreach



Background

Studies of alcohol and other drugs screening and brief interventions, such as motivational interviewing of women, in the perinatal period are very limited in Australia.

Research shows in Australia:

- Approximately $\frac{1}{3}$ of pregnant women use alcohol
- 12% of women smoke during pregnancy, and
- 2% of women use illicit drugs when pregnant or breastfeeding.



THINGS PARENTS SHOULD KNOW ABOUT THEIR INFLUENCE

Photo by Flickr user JD Hancock



Project Aims

In June 2017 St John of God Raphael Services secured funding through the Australian Government under the PHN Program

Project Aims:

- Improve outcomes for families in the perinatal period
- Identify referral pathways to alcohol and other drugs services
- Promote awareness and collaboration
- Improve the capacity of Raphael Services mental health caregivers to screen, provide a brief intervention when indicated and where relevant provide an appropriate referral
- Evaluate Raphael Services client experience
- Evaluate caregiver experience of the enhanced model.



Implementation Plan

- Gain research ethics approval
- Ascertain caregiver knowledge and attitudes
- Develop and deliver tailor made perinatal AoD training program for Raphael Services
- Facilitate external stakeholder focus groups
- Roll out to pilot sites
- Provide caregiver supervision
- Evaluate client, caregiver and stakeholder experience



Outcomes to Date

- Developed PIMH AoD referral pathway
- Demonstrated shift in caregiver knowledge and confidence
- Pilot site roll out - clients enrolled in research project
- Regular caregiver supervision provided by the Mental Health Commission
- Developed client and caregiver resources list



Other Activities

- Antenatal Risk Questionnaire (ANRQ) Training
- Driving Change – pregnancy, parenting and other drugs conference



Key Factors for Success

- Inclusion – clients, caregivers, stakeholders
- Communication
- Consultation
- Understanding workforce needs
- Supervision/support
- Evaluation





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"THESE ARE SOME GREAT SOLUTIONS WE'VE COME UP WITH, ED.
SEE IF WE HAVE ANY PROBLEMS THEY'LL SOLVE."

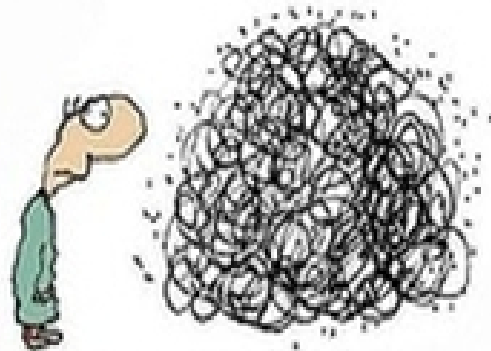


What next

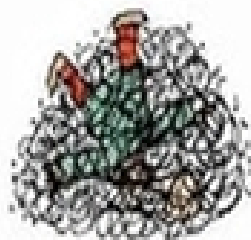


HOW TO GET THROUGH IT.

WE ALL HAVE TO GET
THROUGH IT... BUT HOW?



TRYING TO HURL
YOURSELF THROUGH
IT USUALLY ENDS
IN DISASTER.

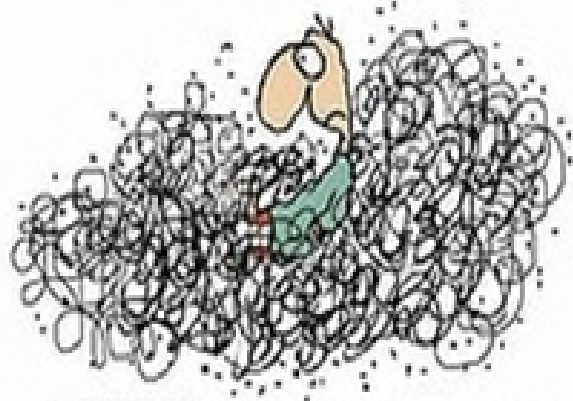


TRY THIS PERHAPS:

INSTEAD OF GETTING
THROUGH IT, TRY LETTING
IT GET THROUGH YOU.



BUT REALLY, THERE IS
NO GETTING THROUGH IT.
IT GOES ON FOREVER



BEING TIMID WILL
PROBABLY CAUSE YOU TO
BECOME TANGLED IN IT.



YOU'RE ALWAYS IN THE MIDDLE
OF IT. YOU'RE PART OF IT.

IT'S PART OF YOU. IT IS YOU.

ANYWAY... THERE IS NO SUCH
THING AS 'YOU'. IT'S 'YOU'

PLUS EVERYTHING YOU'RE IN.



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