

Media Release

Residents invited to attend Carnarvon Health Expo

21 November 2017

The Woolshed at the Carnarvon Civic Centre will open its doors to host the first Carnarvon Health Expo on Wednesday 29 November.

Carnarvon residents will have the opportunity to meet local healthcare providers and learn tips for maintaining good physical and mental health.

The free Expo is being delivered by WA Primary Health Alliance (WAPHA).

WAPHA Midwest regional manager Jodie Green said the Expo will be a one-stop-shop for the community to connect with healthcare professionals face-to-face.

“The Expo is an invitation for people to take the lead when it comes to managing their health,” Ms Green said.

“People will also have the opportunity to talk to health professionals about their specific health concerns including mental health, aged care and other support services.”

Visitors can get a free health check and a test for sleep apnoea (snoring) from Pharmacy 777 Carnarvon, as well as a free blood pressure check for weight management from Amcal Chemist Health Hub.

Healthy snacks and presentations on maintaining a healthy diet will be on offer, and ‘Neddy’, the vaccination mascot, will make an appearance to talk to parents about the importance of child immunisation. People can also find out about the benefits of having an electronic My Health Record.

Exhibitors include a large number of local providers; WA Country Health Service (WACHS); 360 Health + Community; Amcal Chemist Carnarvon; Asthma Foundation of WA; Carnarvon Family Support Services; Carnarvon Medical Centre; Carnarvon Medical Service Aboriginal Corporation (CMSAC); Carnarvon Physio; Centacare Family Services; Diabetes WA; Digital Health Agency; Health Consumers’ Council; Helping Minds; Mission Australia; Panaceum Medical; Pharmacy 777 Carnarvon; Rural Health West; and Silver Chain.

Visit the Carnarvon Health Expo at the Woolshed, Carnarvon Civic Centre on Wednesday 29 November from 2:30pm – 4pm.

ENDS

Local contact for radio interview and quotes:

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About WAHPA: WAPHA oversees the strategic commissioning functions of the Perth North, Perth South and Country WA Primary Health Networks (PHNs). The WA PHNs are three of 31 PHNs established by the Australian Government nationally to increase the efficiency and effectiveness of medical services for the community. We work across the WA healthcare system with doctors, allied health professionals, Area Health Services and service providers to improve the coordination of care for people who are at risk of poor health outcomes. For more information, visit www.wapha.org.au