



Health Snapshot Kimberley



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This snapshot aims to start the conversation on health in your region.

- Do you think this is a fair representation of the region?
- What surprises you about the information presented?
- What is helping to support people to stay well in the region?
- What could be improved to keep people healthy in the region?
- Every community is unique. This Health Snapshot is just an overview of the region and does not show the detail of each community. What contribution can you make to completing the story behind these headline facts and figures?

Country WA Primary Health Network invites you to answer these questions and more online through Primary Health Exchange or call **1300 855 702** to speak to your regional team.

Detailed data can be found in WA Country Health Service Regional Health Profiles: <http://www.wacountry.health.wa.gov.au/index.php?id=445>

And on the Australian Government Department of Health Primary Health Network website: <http://www.health.gov.au/internet/main/publishing.nsf/Content/PHN-Home>



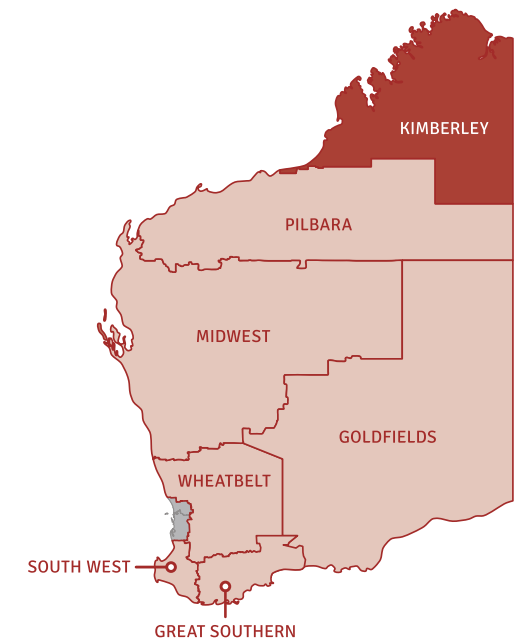
Acknowledgement

Country WA PHN acknowledges the traditional owners of the country on which we work and live and recognises their continuing connection to land, waters and community.

We pay our respect to them and their cultures and to elders both past and present.



The Country WA Primary Health Network exists to bridge the gap of health inequity and access by building a collaborative and responsive health care system.



www.wapha.org.au

Data sources: Public Health Information Development Unit, Australian Bureau of Statistics, Curtin University, Drug and Alcohol Office, National Health Performance Agency and National Diabetes Services, WA Country Health Service (2015).

Information correct at time of publishing (August 2016)

Note: The term Aboriginal refers to both Aboriginal and Torres Strait Islander people



1. What does the Kimberley look like?

area **424,517 km²** 17% of Country WA PHN

Overall, the Kimberley has a large transient population

39,099 residents (2014), 1.5% of the State population and 7.1% of Country WA PHN population

Population set to increase to 43,000 by 2025

45% of the population are Aboriginal, expected to reach 24,800 people by 2025

age	0-9	10-19	20-39	40-54	55-74	75+
	6,189	5,066	14,114	8,094	4,955	681
%	15.8%	13.0%	36.1%	20.7%	12.7%	1.7%

2. What are the health risks?

MORE THAN 1 IN 3
MALES OVERWEIGHT

ALMOST 1 IN 3
FEMALES OVERWEIGHT

ALMOST 1 IN 3
MALES OBESE

1 IN 4
FEMALES OBESE

94.5% Fully immunised at 1 year old
above State rate: 92.6%

90.2% Fully immunised at 2 years old
above State rate: 89.6%

96.5% Fully immunised at 3 years old
above State rate: 91.3%

1 in 4 Adult males smoke

1 in 4 Adult females smoke

Large amount of mothers smoking while pregnant: more than 1 in 2 Aboriginal mothers and 1 in 10 non-Aboriginal mothers

SUICIDE

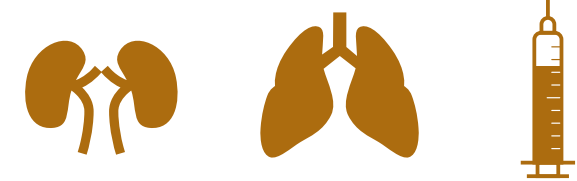
Suicide rates are one of the highest in Australia

3. Why are residents going to hospital?

Highest rate of potentially preventable hospitalisations in WA
3.3 times higher than the national rate

Substantially higher than expected costs for type 2 diabetes hospitalisations

Potentially preventable hospitalisation rate for chronic obstructive pulmonary disease, kidney and urinary tract infections and for acute and vaccine preventable conditions were on average **2.7 times higher** than Country WA PHN rate



8.8% of adults consuming alcohol at levels considered to be a high risk to health

- Highest prevalence rate of dialysis patients of all WA regions
- The rate of rheumatic heart disease among Aboriginal people is 1.6 times the rate for Aboriginal people nationally

4. What health services are residents using?

9 in 10 adults report having used a primary health care service

Nearly half of adults report having used an allied health care service

Nearly half of adults reported having used a dental health care service, which was significantly lower than the State

75%

of Emergency Department attendances in 2013/14 were classified as semi or non-urgent



5. What gaps in health services have been identified?

People living in the region suggest there is a need for more:

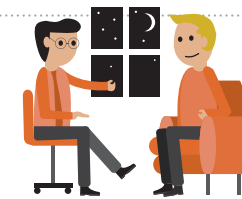
culturally appropriate **Aboriginal diabetes and cancer care services**, particularly in inland regions



Residential alcohol and other drug services



Dental services



After hours GPs

Systems improved to provide more coordinated and integrated healthcare, helping people get the right care at the right time in the right place

Enhancing workforce capacity to achieve desired improvements

6. What is being prescribed?

Significantly lower rates than the WA average for dispensing of mental health related-medication



Lowest rates in Country WA PHN of prescriptions dispensed for attention deficit hyperactivity disorder (ADHD) medicines, significantly lower than State and national rates

Lowest rates in Country WA PHN of prescriptions dispensed for antipsychotic, significantly lower than State and national rates

7. What are the priorities for PHNs?

Keeping people well in the community

Coordinating care for people with multiple long term conditions, especially co-occurring mental and physical health conditions

Services designed to meet the health needs of the most vulnerable and disadvantaged people, including those of Aboriginal heritage

Country WA Primary Health Network wants you to be involved

Share your experience, knowledge and opinion online at phexchange.wapha.org.au
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