



**WAPHA**  
WA Primary Health Alliance

**phn**  
PERTH NORTH, PERTH SOUTH,  
COUNTRY WA  
An Australian Government Initiative

# Media Release

## Local communities supported through Mental Health Week Community Grants Program

7 September 2016

WA Primary Health Alliance (WAPHA) is pleased to sponsor this year's Mental Health Week Community Grants Program.

In what will be WA's 49<sup>th</sup> Mental Health Week, the Community Grants Program allows community organisations across Western Australia to run their own mental health week event or activity to increase awareness and reduce the stigma about mental health, promoting the theme of Act-Belong-Commit with a focus on suicide prevention 'Together we can save lives'.

WAPHA chief executive officer Learne Durrington said this year there are 28 successful grants.

"The Community Grants Program is an important part of spreading mental health awareness and engaging the whole WA community in mental health week," Ms Durrington said.

"The successful grants align with WAPHA's aim of keeping people well in the community and we encourage the whole WA community to get involved in their local mental health week events and adopt the Act-Belong-Commit approach to build and maintain better mental health."

Local community events will run alongside a series of events hosted by WA Association for Mental Health in Perth during the week 8 – 15 October 2016.

The successful grant applicants are;

- headspace Albany
- City of Gosnells
- Boyup Brook Community Resource Centre Inc
- South West Aboriginal Medical Service
- headspace Bunbury
- GP down south
- Denmark Riverside Club Inc
- Dowerin Community Resource Centre Inc



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- DAYS (Drug and Alcohol Youth Services) Mission Australia
- Gnowangerup Community Resource Centre
- Kalgoorlie Boulder Community High School
- OzHelp Foundation
- Kondinin Community Resource Centre
- Shire of Manjimup
- Merredin Community Resource Centre
- Shire of Narembeen
- Avon Youth Community & Family Services Inc
- Pingelly Community Resource Centre
- Silverchain
- Ngaarda Media Aboriginal Corporation
- Youth Involvement Council - YIC
- Shire of Ashburton
- West Arthur Community Resource Centre
- Shire of Wongan-Ballidu

## Fact File

- Mental Health Week runs October 8-15, 2016
- For more events and information, visit <http://mhw.waamh.org.au>

## ENDS

- WAPHA is the organisation that oversees the strategic commissioning functions of the three Western Australian Primary Health Networks: Perth North, Perth South and Country WA.
- WAPHA's primary objective is to improve health outcomes and patient experiences through the commissioning of appropriate services where they are most needed.

For more information:

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