

Practice Connect

Issue 24: 18 July 2017

Keeping General Practice informed in the changing primary health landscape.

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Welcome to Practice Connect, a fortnightly update for practice managers, nurses and practice administration staff on relevant issues, upcoming events and education.

HealthPathways Update

After-hours Care Pathway

After-hours care can be both challenging and rewarding. Many GPs are now working outside of normal operating hours and the HealthPathways team have identified after-hours care as an area of priority. We have recently reviewed the ‘After-hours Care’ pathway and hope that it will help you in your work.

For GPs working in after-hours care, it might interest you to know that there is a public emergency dental service operating on the weekends. We have compiled information on after-hours pharmacies, as well as after-hours pathology and radiology for important diagnostic investigations which can avoid a referral to ED. We have also collected a list of advice lines for GPs, as well as handouts to provide to patients who may need specific support in areas such as mental health, drug and alcohol or domestic violence.

For GPs whose practice does not provide an after-hours service, we have compiled a list of options for after-hours care which you can consider providing to your patients. All the above services can be accessed on the one page within the HealthPathways website named ‘After-hours Care’ at:

<https://wa.healthpathways.org.au/39244.htm>

Login details:

Username: connected

Password: healthcare

Immunisation Update

CDCD advise change to WA Health vaccine ordering web address

Toll has taken over from Seqirus to manage the storage and distribution of WA Health’s vaccines. The new WA Health Vaccine Ordering web address is:

<https://wa.tollhealthcare.com> .

Your username and password will not change however, you may need to re-save these details on your computer. All other details relating to your account will remain unchanged. The ordering system contains handy links, including the User Guide, order history, and other WA Health and Commonwealth websites.

For queries, continue to email vaccineorders@health.wa.gov.au or phone 9388 4835. If you recently received a new poisons permit, please email or fax to Toll:

Email: TCSWAHealthcareCS@tollgroup.com

Phone: 08 6160 7444

Fax: 08 6160 7445



e info@wapha.org.au
t 08 6272 4900

2-5, 7 Tanunda Drive Rivervale WA 6103
P.O Box 591 Belmont WA 6984

www.wapha.org.au



HealthPathways WA 295 Live Pathways

National Bowel Cancer Screening Program (NBCSP)

GP Learning Module

Are you confident about your role in the National Bowel Cancer Screening Program? An easy online learning module developed by Cancer Council WA and RACGP can provide you with the answers.

After logging in at <http://gplearning.racgp.org.au>, simply type 'bowel' into the search criteria and select the module. After completing the module, you will be able to:

1. List bowel cancer risk factors.
2. Describe the symptoms associated with bowel cancer.
3. Identify who is eligible for the NBCSP.
4. Identify those who should be screened for bowel cancer.
5. Recognise the duty of care associated with NBCSP participants.

Members will also receive 2 RACGP QI & CPD points for completing the module.

Waiting Room Videos promoting Bowel Screening

Cancer Council WA have two videos, 15 seconds and 30 seconds long each, available for practices to display in their waiting rooms. The videos are from the Stick it to Number 2 campaign (<http://www.stickitonumber2.com.au/>).

If your practice is interested in this video for your waiting room, please contact Shannon Wagner swagner@cancerwa.asn.au.



National Advance Care Planning Prevalence Study

The National Advance Care Planning Prevalence Study will help determine the prevalence of advance care planning documentation for people aged over 65 in hospitals, general practice and aged care homes. This is a Decision Assist initiative and supported by funding from the Australian Government. Applications to participate in the National Advance Care Planning Prevalence Study are now open to all accredited public, private hospitals, residential aged care homes and general practices.

Key dates

- Opening date for applications: 10 July 2017.
- Closing date for applications: 20 July 2017.
- All sites advised of outcome of application: 14 August 2017.
- Data collection commences: September/October 2017.

For further information and to apply, please visit: <https://www.decisionassist.org.au/decision-assist/linkages-and-other-projects/national-advance-care-planning-prevalence-study>.

'Let's Get Candid About Codeine' awareness campaign

Medications containing codeine will no longer be available over the counter in pharmacies from 1 February 2018. Script Wise have developed an online information hub which launched with the 'Let's Get Candid About Codeine' awareness

campaign on 10 July, Monday. This campaign will ensure that health professionals and members of the community have a conversation about the use of these medications and consider other alternatives to manage pain.

The hub's resources will target three key groups: community members, GPs, and pharmacists. It features:

- A number of videos with experts in the field,
- infographics, and
- key information to support achieving better health outcomes.

For more information please see the following resources:

Codeine Postcard: <http://www.wapha.org.au/wp-content/uploads/2017/07/Codeine-postcard-wa-.pdf>

Community toolkit: http://www.scriptwise.org.au/codeine/community_toolkit/

Pharmacist toolkit: <http://www.scriptwise.org.au/codeine/pharmacist-toolkit/>

Prescribing tips: How to start an opioid

National Pain Week (July 24 – 30) reminds us that pain is a problem for many people with life limiting illnesses. Having access to up to date, evidence based and trustworthy information is valuable when looking for options and when making clinical decisions around a patient's care. CareSearch offers many helpful resources for GPs and information on how to initiate and titrate an opioid, and manage and switch opioids. For more information please see the following pages on CareSearch's website:

- GP Hub: <https://www.caresearch.com.au/caresearch/tabid/3648/Default.aspx>
- CareSearch Blog: 5 tips for opioid prescribing in palliative patients: <https://www.caresearch.com.au/caresearch/TabId/3781/ArtMID/6000/ArticleID/13/5-tips-for-opioid-prescribing-in-palliative-patients.aspx>



World Hepatitis Day 2017

World Hepatitis Day 2017 calls for a reminder to all primary care providers of their vital role in Viral Hepatitis elimination in Australia. With the availability of effective vaccines and treatments for hepatitis B and a cure for hepatitis C, the elimination of viral hepatitis is achievable and this is the theme of World Hepatitis Day 2017. With close to half a million Australians living with chronic hepatitis B and C, it is likely there is someone who attends your practice living with hepatitis. It is vital for primary care providers to know the risk factors, test and diagnose people living with hepatitis to enable treatment to start early enough to halt serious liver damage. Read more at: <http://www.ashm.org.au/news/world-hepatitis-day-2017/>.

The Third National Hepatitis B Mapping Project Report contains updated estimates for 2014/2015 on the prevalence, diagnosis, monitoring and treatment of hepatitis B at a Primary Health Network level. To find out how these estimates can be used to judge the progress Australia has made towards the National Hepatitis B Strategy 2014-2017 targets visit: <http://www.ashm.org.au/HBV/hepatitis-b-mapping-project/> to download the report.

Important changes to the Living is for Everyone (LIFE) project

As of 30 June 2017, the Living is for Everyone (LIFE) project has been transferred to the Hunter Institute of Mental Health. Previously managed by On the Line, the LIFE project is aimed at improving access to suicide and self-harm prevention activities, as well as improving communication between suicide prevention stakeholders in Australia. The LIFE project including resources and website will be absorbed into a new national project, Life in Mind.

The purpose of Life in Mind is to connect organisations, programs, researchers and professionals working in suicide prevention in Australia, by providing a comprehensive online portal. The aims of Life in Mind include supporting coordinated, consistent messaging around suicide prevention through the operationalisation of the National Communications Charter, linking policy to practice, communities to help-seeking and practitioners to the evidence base. It is anticipated that Life in Mind will better support people to communicate about, and respond to, suicide and its impacts.

A comprehensive national consultation process is currently underway to inform the development of the new portal and associated resources. While the new online portal is being developed, the www.lifeinmindaustralia.com.au splash page is now available. This includes some basic information about Life in Mind, the LIFE Framework and selected fact sheets.

If you have any questions about Life in Mind, please contact Project Lead, Melinda Benson at melinda.benson@hnehealth.nsw.gov.au or on (02) 49246900.

Education and Training

To keep our e-news to a manageable size events will only be advertised once. To view previously advertised training please visit our website - <http://www.wapha.org.au/education-events/>.

Bp Premier Courses: July - October

Bp Premier are running several courses in Perth designed for new users to Bp Premier, those needing a refresher and long term users looking to effectively manage their practice. These course levels range from easy to advanced and cover a wide range of topics specific to Bp Premier clinical software.

Date: July – October
Courses: Bp Premier Clinical Essentials, Bp Premier Management Essentials, Bp Premier Advanced Management Essentials and Bp Premier Dollars and Sense
Cost: Ranging from \$218.18 - \$318.18 (dependant on the course)
Register: <https://bpsoftware.arlo.co.au/upcoming-courses/locations/perth>

2017 Musculoskeletal Health Webinar Series - July - November

These webinars aim to provide participants with clinically-meaningful skills and knowledge to deliver recommended care by focusing on issues relevant to the evidence-based treatment and management of people with arthritis and other musculoskeletal conditions.

Date: July – November
Cost: MOVE Individual Member: \$110.00, Non-Member: \$160.00, Student: \$50.00
Register: <https://events.move.org.au/event>

Australian College of Rural & Remote Medicine (ACRRM) Mental Health Online Four Week Course

The next ACRRM online Mental Health Course starts 3 August and runs for four weeks. This course covers depression, anxiety and somatisation through to the correct use of medication and understanding patient treatment care plans. Upon successful completion of the course you will gain access to Medicare items 2715 and 2717.

Dates: 3 August, 10 August, 17 August & 24 August
Time: Every Thursday evening from 7pm - 8.30pm
Cost: ACRRM Member: \$615.00; Non-ACRRM Member: \$615.00
Register: <http://www.acrrm.org.au/continuing-development/online-learning/virtual-classrooms/mental-health>

Ultrasound in Emergency Medicine

This workshop will introduce or upskill participants in dealing with common situations that may be required in an Emergency Department or in practice, or for basic anaesthetics using ultrasound. Our highly experienced clinician, clinical application specialists, and sonographers will guide you through various skills stations using state of the art equipment on live patient/models.

Date: Saturday, 19 August
Cost: ACRRM Member: \$770.00; Non-ACRRM Member: \$990.00
Register: <http://www.acrrm.org.au/continuing-development/courses/ultrasound-in-emergency-medicine>

Early Psychosis Youth Service GP Event – 15 August

WAPHA invites GPs in your practice to attend a CPD Event on the Early Psychosis Youth Service presented by Dr Daniel Rock and Dr Gordon Shymko. Learning outcomes include acquiring knowledge on early psychosis and untreated duration of psychosis, discuss contemporary research and best practice in treatment of early psychosis, discuss WAPHA's proposed approach to youth early psychosis management and provide feedback to WAPHA on GP specific needs with regards to patient management.

Date: Tuesday, 15 August
Time: 6.00 pm registration, 6.30 – 8.30 pm presentations and discussions
Venue: Swan Yacht Club, Riverside Road, East Fremantle (light meal served).
RSVP: By Wednesday 9 August 2017 on WAPHA's event page: <http://www.wapha.org.au/events/early-psychosis-youth-service-cpd-event/>

New developments in lung cancer and pulmonary vascular disease – 5 September

The session is aimed at GPs who wish to learn more about the latest advances in lung cancer including diagnosis, treatment and patient education, and includes an opportunity to speak directly with the presenters. Topics include advances in lung cancer detection, venous thromboembolism (VTE) and anticoagulation in malignancy, update in the current management of lung cancer and the assessment of lung function – how it is useful in a primary care setting.

Date: Tuesday, 5 September
Time: 6:30pm - 9:00pm
Venue: St John of God Subiaco Hospital, Level 3, Conference Centre 25 McCourt Street, Subiaco
Cost: Free
Register: <https://www.sjog.org.au/our-locations/st-john-of-god-subiaco-hospital/more/news-and-media/news/2017/06/19/05/21/new-developments-in-lung-cancer-and-pulmonary-vascular-disease>

AAPM: Standing out from the crowd – serving our patients with patience and care – 24 October

This pre-conference workshop, presented by Marion McKay will take the lead in having us all think about people, our differences and our expectations when it comes to service. Topics include confidentiality and privacy, prioritising tasks, communication, professionalism and career paths.

Date: Tuesday, 24 October
Time: 9:00am – 12:00pm or 1:00pm – 4:00pm
Venue: Crown Perth, Great Eastern Hwy, Burswood WA 6100
Cost: \$95
Register: <http://2017.aapmconference.com.au/registration>

NPS MedicineWise Educational Visits

NPS MedicineWise offer free, unbiased, RACGP/ACRRM accredited educational visits for GPs, practice nurses and pharmacists. The current topic on offer is Statins: optimising therapy, addressing intolerance - an independent round up of the latest evidence and guidelines, plus access to a new tool that facilitates a systematic and effective approach to managing suspected statin intolerance.

If you would like to book an educational visit, please see the event flyer http://www.wapha.org.au/wp-content/uploads/2017/07/NPS1777_EV_Invite_Statins.pdf for more information.

Health Promotion Events in July

Is your practice looking for a health promotion activity for your practice? Each month we will provide a list of upcoming health promotion activities for the next month along with resources and contact details.

NAIDOC Week 2 – 9 July

This year's theme for NAIDOC is 'Our Languages Matter'. This week aims to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples and emphasise the importance languages play in cultural identity. This website includes ideas on how to celebrate NAIDOC week.

Website: <http://www.aidoc.org.au/celebrating-naidoc-week>

National Diabetes Week 9 – 15 July

This year's theme for National Diabetes Week is 'About Time'. Diabetes WA is encouraging people to increase their understanding and awareness of symptoms to inform earlier diagnosis and improve the longer-term health outcomes of people who are at risk of developing diabetes or already living with diabetes. This website contains information, resources and events for both consumers and health professionals.

Website: <https://diabeteswa.com.au/get-involved/news-and-events/whats-on/>

National Pain Week 24 – 30 July

The Chronic Pain Association encourages people to participate in the Pain is Not Invisible 2017 project by taking a survey and submitting their story to continue to improve pain information, resources and services. This website includes resources and information on how to manage pain.

Website: <http://www.nationalpainweek.org.au/>

World Hepatitis Day 28 July

The World Health Organisation encourages people to increase their understanding and awareness of viral hepatitis to work towards eliminating it. The website contains fact sheets, reports and other related links.

Website: <http://www.who.int/campaigns/hepatitis-day/2017/event/en/>