

My Health Record, it's your choice

As more people use the My Health Record system, Australia's national health system will become better connected. This will result in better and more efficient care for you and your family.

Over 4.2 million Australians already have a record and more are signing up every day*.

For more information:

- Call 1800 723 471
- Go to www.myhealthrecord.gov.au
- Go and see someone at a Medicare Service Centre or ask the staff at your health clinic

It's your My Health Record

- You can ask your healthcare professional what is in your My Health Record.
- If you have internet access, you can have a look at your health story in your My Health Record.



*Figures correct at time of publication, November 2016

You have control of your My Health Record

Your My Health Record is **protected by law**. There are tough privacy and security rules with penalties for people who break these rules.

- You can control who can see your My Health Record.
- If you have internet access, you can see who has looked at or updated your My Health Record.
- If you feel someone has accessed your My Health Record who should not have, you can call the Help Line on: 1800 723 471.

We respect your privacy

To create a My Health Record, we use information such as your name, date of birth and medicare records from the last two years. We may collect this information from you, from Medicare and some other government bodies.

Registered healthcare provider organisations such as general practices and hospitals will be able to access your My Health Record when providing healthcare to you. You can set access controls to restrict which healthcare provider organisations can see your My Health Record, or certain information and documents in it.

We do not disclose your information to anyone else, unless required or permitted by law.

More information can be found at www.myhealthrecord.gov.au/privacy



My Health Record

All you need to know



Better, safer & easier treatment

What is My Health Record?



My Health Record is a **summary** of your important health information. You and your healthcare professionals can **access it online**.

My Health Record connects your health journey

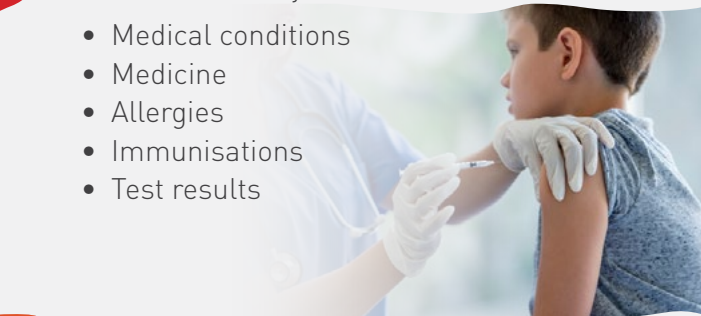
- Aboriginal Health Service
- Hospital
- Pharmacy
- Specialist
- GP Clinic
- Immunisation Clinic
- Allied Health Services

What will be in your My Health Record?

Your My Health Record is an **overall picture of your health**.

Over time, it will show important health information like your:

- Medical conditions
- Medicine
- Allergies
- Immunisations
- Test results



Why should I have a My Health Record?

It is better

Doctors and nurses and other healthcare professionals won't have to call other health services to get your information.

It is safer

Authorised doctors, nurses and other healthcare professionals can see your health information, such as allergies, immunisations and any treatment you have received.

It is easier

You won't have to remember what medicine you take and you won't have to keep telling your health story over and over.



Why is it better than what I have now?

Currently, your health information is stored at your local health service. If you travel or visit another clinic, the staff may not know anything about your medical story. My Health Record travels with you wherever you go around Australia.

With a My Health Record:

If your doctor, nurse or Aboriginal health worker has internet access, they can look at your My Health Record when they are treating you.

